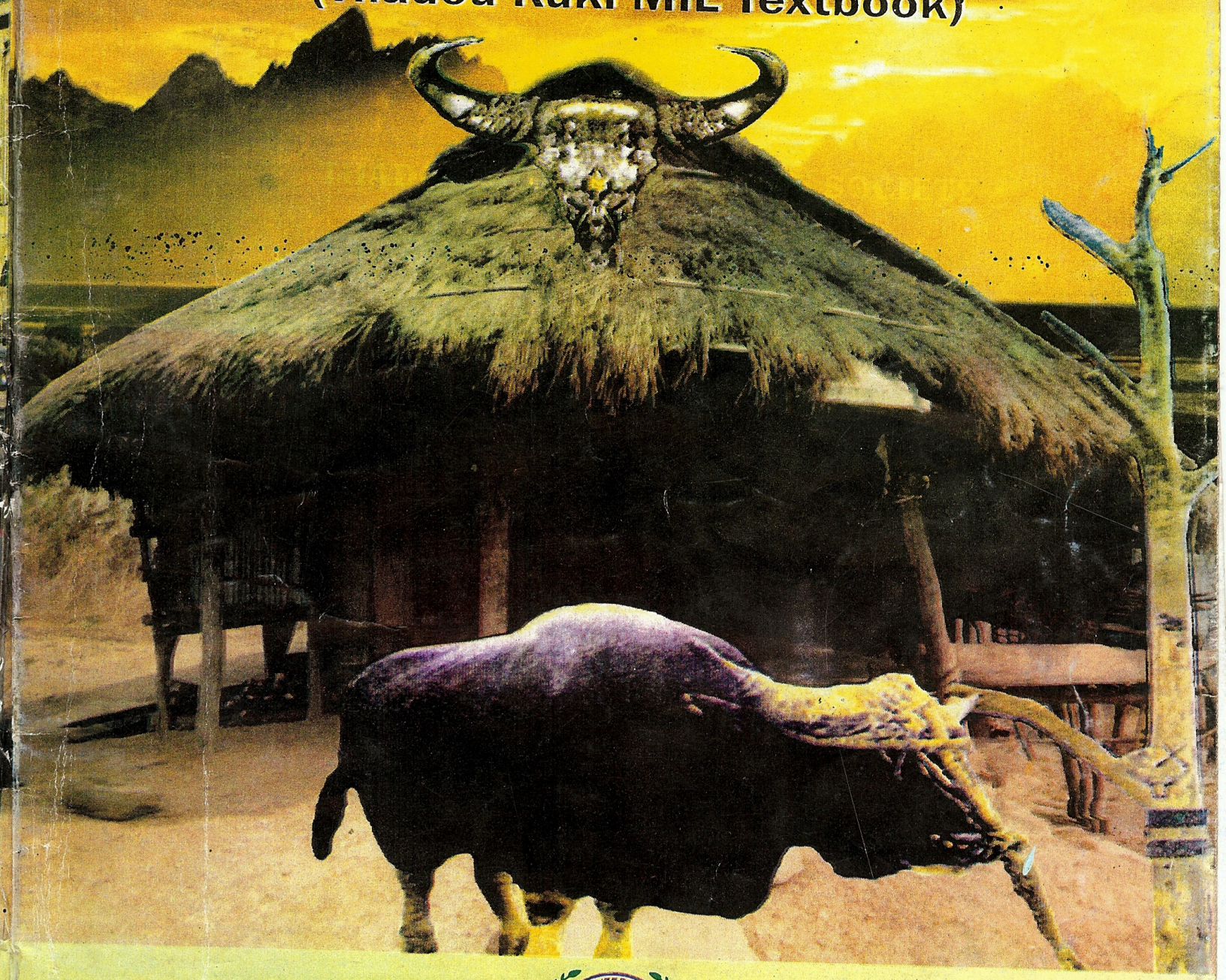
CLASS - VIII

MIL Series

SIMLAI LAMHIL

(Thadou-Kuki MIL Textbook)



THADOU-KUKI LITERATURE SOCIETY
MANIPUR

SIMLAI LAMHIL

(THADOU KUKI TEXT BOOK)

CLASS – VIII

Published By

THADOU KUKI LITERATURE SOCIETY

MANIPUR

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THUDOH LE DONBUT NA UMDAN

Sl. No.	Simmun min	Mark Poh
1.	Thimthu (Prose)	50
2.	Jaila (Poetry)	20
3.	Paojui (Grammar)	30

MARK UMDAN

Thimthu

1.	Thusutsao (Essay)	2 × 8 = 16
2.	Achomlam a donbut	3 × 4 = 12
3.	Chom cha a donbut	6 × 2 = 12
4.	Aonglai Suhdim/donbutna lhenkhen	5 × 1 = 1
		Total = 50

Jaila

1.	Thulah chom (substance)	1 × 8 = 8
2.	Hilchet (Explaination)	4 × 2 = 8
3.	Thudoh chom cha	2 × 2 = 4
		Total = 20

Paojui

1.	Thuchin jih (Essay)	1 × 7 = 7
2.	Lekhathot (Letter Writing)	1 × 6 = 6
3.	Thudoh chom cha	5 × 2 = 10
4.	Aong lai suh dim	7 × 1 = 7
		Total = 30

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FOREWORD

Board of Secondary Education, Manipur in National Curriculum Framework (NCF), 2005 guidelines, dungjui le Manipur a Class VIII simlai ho common examination bolding ti tohgon um jeh a MIL Textbook umsah ding atiuto lhonna Thadou - Kuki textbook (MIL subject) Class - VIII a dia Simlai Thimthu le Jaila (Literature) hi athah a hung kisemdoh pha ahi.

Lekhabu (textbook) hi tulai a simlai hole Jillai chapang akhonung dingu ki gellhah dingho gelkhoh nale mabanna hin sim dinghon midangho toh kibanga hetna amujou diu gelkhoh najalla hetna le themna nei Jilkung (experience teachers) phabepmin asun ajanna alung thimmu le athao mangcha a ahin sem hoi'u le vetchil phat nung'uva kihin so doh ahi.

Athucheng chedan le spelling kimanghi eiho Thadou-Kuki pao a New Tastement Bible masapen kisutna spelling manga kisun ahi.

Thadou-Kuki Literature Society, Manipur'in hiche Thadou-Kuki textbook Simlai Lamhil (Course Book) kisodohna dinga changvalla alung atha chule ahetna mangcha a choltah le boi tah'a hintong gimho jouse chunga seijoulou kipathu akiphong'e.

Hiche lekhabu (textbook) hi ei thinglhang pao (Tribal Dialect) ho lah'a akisim tampen leh aphapen khat ahiding jong tahsan nale kinepna akineijin ahi.

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MANEI THANGJAI

By: Lhunkholani Chongloi

Masanglai peh in Maneithangjai kiti gollhang khat ana umin ahoija hoi mi ching jong anahin amahi gamleng mi ahi. Nikhat hi Maneithangjai a-uichal toh gamlenga ache lhonleh munkhat nahin tuikul aumin tuilah chu a-Uichal chun ahap hapmin amanjong a-Uichal jah a chua chu nagarn nalou urna nahap hap ham tin agah vetleh tuinoi lamma chun nungah ni alim agahmun alung adonglheh jengin hoilaha koihija atin akihei le leh koima amupon chunglam agah vetleh chunga um Jollhing le Jolphal anaurn lhon amuphat nin Maneithangjai in nungah teni jaha golteni lungset tahin naminlhon ipi ham? neiseipeh lhon in atileh amanin jong he o, nang min joh neisei peh masah lhonno atilhonleh gollhang pan jong golteni keimin hi Maneithangjai kahi atin chuin golteni nangni min neiseipeh lhonno atileh amanin jong keini minhi khat Jollhing ahin khat hi Jolphal kahilhone ahin tilhonin ahi.

Chuin Maneithangjai in ahileh nangni chunga um lhonna keinoija kiumma iti kahung kaldoh ding ham? atileh amanin patjang ahinlhung lhalhonin hiche patjang chu tuh in hung kivoldohin atihhon leh aman jong patjang chu atuhin ahileh amanin akhaidoh lhonin aum khom theitaovin ahi. Chuin Maneithangjai jin aunu Jollhinghi adei chatan alungset lhehjeng tan ahi. Jollhingin jong Maneithangjai hi alungset in angailun a:uleh akidei akilungset lhontan ahi.

Maneithangjai jin golteni keima chetange ati leh Jollhing e Jolphal in ait lhonin nikhat ani chonbe kitnin ajingin Maneithangjai ahung dingin akigotan ahung ding phat nin ahile keima ni 7 (sagi) lam leh kahung kitding ahi. Nangni kom kahung lhunteng iti kahungkal ding hitam atileh, Jollhingin hitin hin seijin "Chunga Jollhing le Jolphal chop patjang chahin lhahin Maneithangjai kahunge" hind lechun atilhonne. Chuin Maneithangjai ain langa ahungtai.

Nigup lhonin Khalbompu achetan ahi, ajehchu Maneithangjai le Jollhing le Jolphal kihoulim na chu ana jah lhih ahi.Khahbompu (Lhomipa) hi Jollhing chun pat jang alhun got leh anaonu Jolphal in he o Maneithangjai toh akilou hihe afro ahile Khalbompun ahin seikitnin chunga Jollhing le Jolphal chonpatjang chahin lhunglhan atikit leh hichun amanin jong patjang alhunglha lhontan Khalbompun ahin tuhphatnin akhai dohlhon leh Maneithangjai hitalou akichat penlhon Khalbompu anahitan chuphat nin apatjang asattan lhonle asattanlhon vanga Khalbompu kaldohthou thouta aloha je helhon talon vin aumkhom taove. Chuin jan ahung hiphat nin lungthim ahin gellhon leh bolthei ding khat ahingeldoh lhonin ahi.

Jollhing le Jolphal in lhummei atih lhonin alup nao noija chun kou-leng lungin atih lhonne alumtaovin anao nu alailhah sahin jollhingin hitin aseije khintolo khintolo Khalbom topu khintolo, atin Khalbompun keichu keichu kalhata yang yang atin akhinjep min khintolo khintolo Khalbom topu Khintolo keichu keichu kalhata yang i khintolo khintolo Khalbom topu khintollo atin haneh a aneh leh aneh Ihatan anoija ti meilhum sunga chun athitan ahi.

Ajingin Jollhing le Jolphal koma Maneithangjai achetan alhun phatnin amanin ahilbangin chunga Jollhing le Jolphal chonpatjang cha hin lhunglhan, Maneithangjai kahunge atileh jollhingin ka 'e, Khalbompu nahibouve ahintin chuin aman jong aseikitnin chunga Jollhing le Jolphal chon-patjang cha hin lhah in Maneithangjai kei kahi ativangin Khalbompu nahi bouve atin patjang alhung lhatapoi.

Chauphat ii-in Maneithangjai jong akap in lhasetah le lunghel tahin akinungle tan ahi. Lampi a chun Mengcha khat hi lhaset sumin ajidin akipui patan ain alhun nin Mengcha toh anule apatoh a chengun aumtaovin ahi. A in chu asedih deh jengin ahi. Chuphat nin Jollhing te ucha ahungin Manethangjai te in ahin hol hon leh ahung mudoh hon tan ahi. jollhingin jong akengkho muha a suhleh in hoitah, phatah chute norntah ahung sohtan chuin anule apa avetleh tehse pule tehsepi ahilhonin ahi. Maneithangjai nule pa chu chunga Jollhing le Jolphal in asiltheng lhonin chule nungah gollhang tobangin asem lhonin ahi. Maneithangjai umlou ham atileh anu le apan aumpoi. Hoija cheham atilhon leh thihkhenga che ahi atilhonne.

Maneithangjai kouva Mengcha asollhonin pon geisan khat Mengcha achoisah lhonin asollhonin ahi. Mengchan jong pon chu a choijin gamlah munkhat nahin apon chu apet tel tel in ahin hung choijin Jollhing le Jolphal koma nangnin la ngailut taha napeh lhon amanla hitihin ahinbolle atin ase lamin alhuttan ahi. Chuin khichang khat apekit lhonin Mengcha chu asolkit lhonin Mengchan jong akhichu achoijin achekit nin mun khatna akhichang chu meijah agousen, asetphat nin ahung nunghungin Jollhing le Jolphal jaha vetang nangnin la ngailut taha thilpeh nanei lhona aman hitia abol jinghi tin akhichang chu avetsah lhonleh Jollhing le Jolphal alung hang lhonin ache lhontan ahileh amani nungnungin Maneithangjai ahung lhungin anu le apa alung hang lhonin ipi nangaito mong monga min nanu papa tehsepi tehsepu nungah gollhang eiso sah a na chen na in sedihdeh nomtah eiso peh uva, Jollhing le Jolphal in nakouva Mengcha ahin sollhonna Pongeisan khat ahinchoi sahlhonna Khichang khat ahin choisah kitlhonna Mengcha hinsol kitlhonna Khichang jong chu nahin goset kitna nahin hung choisah kitna nain neipi Mengchan hitia aseichu "Nangnin lah ngailuttah thil neichoisah lhonin ama panlah hitin aboljenge" atin ahileh amani ucha alung hanglhonin ':eini jong tehse eiso sah kit lhonin In hoitah jong chu in nomlou masanga tobang ahisah kitlhon tah hime, ahoi hoi lhontoh athilbol thei lhonto hungle chun in nomtaha kicheng a nanu napa jong gollhang nungah banga ki um tadinga ati lhonin akap lhontan ahileh Maneithangjai in ajahphat hin akouho le thil hinchoiho akom ahung lhunlou jeh chun alung adongin anule apa jah a koi ham eikouva hung chu tia adohleh nainneipi Mengcha hichula

atilhonin ahileh Maneithangjai alung ahangbeh seh jengin Mengcha chu akeng kolopmin amanin kotna sangkil jepna aneileh Mengcha chu amitchang achom mangin lhum lhengin aleng mangtai (tua lhumlheng meide itiuhi ahitai).

Maneithangjai in Jollhing le Jolphal nung adel leh aphatan aman theitapon chuin amasang lama ana kheltanin ahung nalhon lampi a Khimulom vuikhat nin ana umin ahin kilah teng matding atin ahi. Jollhing le Jolphal in ahin phah lhon phatnin amulhonin anaonu Jolphal in he o khua Khikhu kilah hite atileh aunu Jollhingin kanao o Khitahtah nasaime Maneithangjai ahibouve atin apel lhonin a che lhontai Maneithangjai in anakhel kit lhonin amasang lhon nah pongcisan khat nin anaurn kitnin ahile Jollhing le Jolphal in aphah lhonin anao nun he o hia pongeisan khu kilah hite atileh aunun kanao lhepon tah tah a nabolarn Maneithangjai ahibou ve atin apelkit lhontan alalhon tapoi. Maneithangjai in jong adelkitle ama sanglhona samthi hoitah khat in ana umin ahileh Jolphal in he o Samthi hi kilah hite atin aunun jong Samthitah tah ahipoi Maneithangjai ahibouve atin achepai kitlhon tan ahi. Chuin anakhel kitnin ama sanglhonna Lei-jin anakidon vadung tui asosahin go hajuhin ajuhsah in Jollhing le Jolphal in ahin phah lhonleh chena ding ahelhon tapon anaonun he o Lei-ja lemtate atileh kanao lei tah tah hiponte Maneithangjai hinte atin alem ngam lhon tapon hinlah go ma ahajuh leh akholhon asih in dap asahhonin ajojo nan thi le thi atilhonin alem lhontan ahi. Anaonu Jolphal alemleh alem galkai tan he o hung lem jeng o tin ahin kouvin ahileh aunu Jollhing jong alemtan ahileh akim ageitahin Maneithangjai in ahin mantan ahileh go jong jutalou tuijong sohtahlou toljong kottalou ahiphat nin Jollhing le Jolphal in chutia kicheng mong mong hite natileh keini Pang le Phunchong in pahlhonin ting nisagi (7) sung neihong lhonnin Lang nahonbit chetna ahileh ikichen ding nahon bit joulou leh iki chenlou ding ahijenge atipeh lhontan ahileh Maneithangjai jong anomtai.

Jollhing le Jolphal chu Pang le Phungchong in apahlhonin Maneithangjai in ahongtan ahi. Nikhat ahongin ago pheltoh a-Uichate toh ahong taove. Nini najong ahongbit taove. Hiti chun aban ban nin nigup chan nigei jin ahongbit seltaove. Nisagi nin apute innah kinkhoh- tah aumin amachu tucha ahijehin apotdoh thei tapon auichaho asolmai maijin alung nom loutah in hinkhomang in nilhum keijin chule Jan khovah kal angah lellin kho ahung vah phatnin akigon Pang le Phungchong kena lam adeljel tai, hinla aga lhun leh Pang le Phungchong chu agah vetleh apah khat na khatjong ana umtapon ageu thet thot lhon jeng tan, Maneithangjai jong akap min tola atoutan alha asebehseh jengin ahivangin la alonaje ding ahetapon alung ngaito chule akinep najouse abeitan akiholna jouse jong athon sohhel tan alung dong mania akikha khom diuvin athal muhema chun akikha douvin athal muthem lama chun a khanoihi angamin akingai to to jeng vangin imacha ahithei tapon akhon khon nan aimut ahung sohin ahung lulhuh leh athal changmuhhern chu akhadop tab asunin atuhkhuh langa apaidoh in athitan ahi.

THUDOH HO

1. Maneithangjai hi koi ham ?. Ipi na tong mi ham ?.

2. Maneithangjai Uichal chun ipi jeh a tuikul chu ahap, hap ham?.

3. Jollhing le Jolphal ipi mi hilhon ham?. Maneithangjai toh itih hung kihedoh uva ham?:

4. Khalbompu chu itih Jollhing le Jolphal komma chu kaldoh thei ja ham?. . Khalbompu thidan chom chan sunnin.

6. Maneithangjai chu ibolla Jollhing le Jolphal in chon-patjang ahin khai lhah peh lhonlou ham?.

7. Maneithangjai chu koito kicheng ham?.

8. Jollhing le Jolphal chu Maneithangjai te inna ahung lhonna chu ipi pi abollhon em ?.

9. Jollhing le Jolphal in Maneithangjai koudinga chu koi asollhon em?. chule ipi pi achoisah lhon em?.

10. Maneithangjai in Jollhing le Jolphal matna ding a chu ipi pi abollem ?.

11. Maneithangjai jin Jollhing chu iti amat em ?. Chomchan sunnin.

12. Jollhing in Maneithangjai toh akichen thei lhonna dinga chu Maneithangjai komma ipi pi nabol ding ahi atipeh em? Chule Maneithangjai in abol jou na em? Nahetdol tah in sunnin.

13. Hiche thusim nasim ma kon nahi kihilna thei ipi nahetdoh em?.

Simmun-2

AILHANGLHUMTE

Mr. Helen Chonglot, B.A. B. Ed.

Masang laijin khokhat na hin nupa khat anacheng lhenne. Amanihin chapa khat anei lhonnin, nikhat hi achasen kipoh pummin gamma'HA', laijin acheuvir ahileh aha lainao va chun 'AILHANGLHUM' min uttah khat amudoh lhon in aneh lhon leh tui asaval lhonnin akhop theilhon tapon, hiphat chun inn gamma pohding in tampi alou lhon in, apoh got lhonleh naosen chutoh akop joulhon tapon ahi. Chuphat in ain neipun "Lhe[illegible] hi akeh khat dalha hite, naotoh ikop jou tapoi" atileh a in neipi in thei chu a it val jeng in hite bang a thei lhum le tui nidang leh kimu louding ahitai. Chusang chun 'itaijolla peng naosen pongkit nahih ding ham, hijeh chun icha hi dalha hite' atileh a inneipun jong 'ahi nget ne' atin acha lhon chu aha laina lhon kotong sunga chun alupsah lhonnin 'Ailhanglhum' chu apohkhopset hin apolhon in innlam ahinjon lhontai.

Hiche naosen chu adang chah-agilkel toh, thousi-thouvai, sihmi in apele adoujoutapon akaka jeng phat in gamma 'Lhominu' neh kihol khat in aga mudoh tan, nehding atileh la neo asan, chuleh chapang genthei chu alung setan "tua kanch sangin kivah let ningkating alet teng leh netang e" tin a inn lama akipoh tan ahi. Naosen chu lhominun phatechan avah in ahileh lom jui thei ahiphat in ahi le ga [illegible] a guhthim chan ahina aseipeh'taovin ahi. "Tua navah nu khu nah [illegible] nanutah ahipoi, [illegible] hi nasen laija gam lah a ailhanglhum pohna a nadalh[illegible] ahin, Hiche a chu aman nahin kipoh a nalet teng neh dinga nakivah ahije. Tua jong hin navai lhun sehleh kotbenga [illegible] ahi. Hiche jeh chun nangin jong na kichat sahding navai lhonleh navai kon donseh leh nakitom ding ahi'", atipeh taove. Hitia aloihon athunop bangu chun aman jong availhun avai kondoh sehleh akitommin ahileh Lhominu chun akicha jep jeptan ahi.

Phat le nikho chedung juijin chapang pa jong ahung gollhang maitan, 'nikhat leh hiche Lhominu hin eitha tei tei ding ahin hisang chun ken ama that [illegible] Thana ding lungthim agongin, nikhat chen [illegible] anu twikhai a che ahunglhun phatnin "Heno, ken natwi thei [illegible]" atin "Heno, natwithei kapha joupoi, bung jepmin" atin abun phatnin a twithei pumin alol abantan tan ahi. Hitia Lhominu atha phat hin ama changin achengtai. "Midang in anu, apa, ule nao aneicheh in, keija koiba ham?" tin a hung kigel doh tan ahi. Hiche phat chun akigel gel leh aloi agol hon ahinkho thusim aseipeh u ahin geldoh tan ahi.

Hiche phat chun amajong anu-apa asopi sangam hollin akalsong dohtai. Anu le apa chu khokhatna agamun, veng ningkoi khatna in gep dihdeh leh tapkong dapdel dullin, apkhip khep a achen lhon agamutan ahi. Chapang jong ana neilhon lou phatchun analung lengvai lhehjeng lhontai. Aman jong Kapu, tujan na in na kahung lhunding ahije atileh nupi nun, Kanao jachat kiphat lamsah a, gena touna jong umlou, jingson janson ding jong kaneilhonpoi, mun danga chetan atin ahileh aman jong akhoh poi nang ni kiphalam lhon hih in, nangni umbangin um jeng ing kate atin a in lhonna alhung tai. Nilhah a tapsah a atoukhom phat un, Heno ken thusim khat seijing kate ong? atileh nupinun, akhoh poi, kanao seijin ati. Hiphat chun aman hitin aseije, Masang laijin nupakhat nin chapangsen khat anei lhon laijin 'ha' laijin acheovin ahileh, Ailhanglhum amulhon in acha toh alhehlhon na lhominun ahinkivah dan thusim aseiphat in anule apa ahung kigel doh lhonnin akisih behseh lhonin akap lhontai. Hichun achapa lhon komma ngaidam akithum lhon in-anun acha, achan anu akoijin akingaidam to taove. Hiche a patchun chamdellin achengkhom kit taove.

THUCHENG HILCHETNA

1.	Nupa	=	numeileh pasal kicheng a chengkhom
2.	Chasen	=	chapang asohtil-chele le touthei lou lai.
3.	Ha	=	gamma keh khaogui leinoi langa abal umma bu a kimang thei.
4.	Ailhanglhum	=	Ai ge abulla aga alomma um imehkeh leh asung a naptobang.
5.	Lhominu	=	lho/humpi adeiphat leh mihem hithei.
6.	Chamdellin	=	kilung nopmona beihella chenkhom.
7.	Thumop	=	thilkhat hetding a kiseipeh.
8.	Sanggam	=	insungmi ulenao.
9.	Apkhip khep	=	chaga genthei tah a um.
10.	Jingson/Janson	=	jingkah nilhah a honding bulle me.
11.	Taijolla	=	insunga (oisung a)

THUDOH DONBUT NA:

Anoija kipe thudoh hohi donbutna pen:

1. Ailhanglhum po a che chu koiham?
2. Ipi dinga nupa teni chun acha leh Ailhanglhurn alhet lhon ham?
3. Lhominun chapang chu iti akimu ham?
4. Chapang pa alomgol hon ipi aseipeh u vem?
D. Chapang pa chu iti lhomi nu akonna hingdoh em?
6. Chapang pa anule apa toh aga kimuto thusim chomchan sunnin.
7. Riche thusim akonna hin nagel ipi umem. Chomchan sunnin.

A-ONGLAI SUDIM IN:

1 ..... peng naosen peng kit kit nante.
2. Apoh khopset lhon ..... akipoh in naosen dalhan innn lamina akile lhontai.
3. ..... alol abantannin lhominu athat tai.
4 ..... akisih behseh lhonin akap lhontai.
5. Keima komma ..... umlou va kiphat lamsah a.

Simmun - 3
NATNA GIMNEI-HIV/AIDS

Seikhojam Kipgen

Thumakai: Vannoi leiset na natna chitamtah holah a agimnei penleh suhtang jou hilou HIV/AIDS hip vannoi gamtin alodimtan, adeh in gamkhangtou lou ho a atamdeh in ahi. Hiche hi natna hitpi (virus) a kon ahin, mihemkhat tahsa keo hilouvin, gamsung kiloikhom naleh khantou na cinch sumle pai kimanchah nalam jong ichan geiham in asuboi jou tan phi.

HIV/AIDS: AIDS/HIV kiti hi sappao va 'Acquired Immuno Deficiency Syndrom' akitin ahi. Abailam a ledoh ding in, tahsa a kon hilou, apamma kon kilalut natna hitpi (virus), tahsa vengtup a pang thisankang (White Blood Corpuscles) natoh na 'immune system' thahatna sulhom a, natna gimnei sodohsah thei chu ahi. Mihem chunga ahunglut na kipat in HIV tin akihen ahi. Hichu 'Human Immuno Virus' akiti. Hiche virus (hitpi) hi polam kona mihem sunga alut a, tahsa vengtup a pang (Immune System) asuhset tengleh'Human Immuno"Virus (HIV)' (mihem hitpi) tia kihe ji ahi.

HIV/AIDS natna hungkipat dan tuni chin in hiche mong tiding aum hihlaijin ahi. Ahinlah amachal dan leh khat leh khat kah a akilah son thei na lampi holdoh in aumtai. Hijong leh hiche natna a konna damdoh theina 'damdoi' tunichan in semdoh ahipoi. Hijeh chun chihgillna neihon, 'vannoi gamtin vaipi AIDS natna kotbulgeija aiutai, koima asohcha ding aumpoi chuleh namtin vaipi suhmangleh suhgep nading lampi kigon patna ahi' tin aphongdoh taovin ahi. Ipijeh hintem? Natna gimnei tamtah jong aumthounai, chin HIV/AIDS machaldan hi alhangpi in mihem chonval la kona hi in akisei e.

Tule tua mijouse hetdan in Africa gama hung kipan hijongleh eiho India a ding in 1986 kumchun Tamil Nadu state a numei kijoh (noti) khat a konnin akimudoh masapen in ahi. Chule Manipur a 1990 kumchun thoupe leh kikap (Intravenous Drug Users-IDU) ho a konnin mudoh anahi. 1994 kumchan in mi 76 (som sagi leh gup) apundoh sah in, tu tu hin mi 29000 vel HIV/AIDS natna hiveipo ilahuva aume. Vannoi pumpi a 37 million ahin-hichu minute khatna mihem 9 niche natna avei manne. Vannoi gallen teni a mihem thi sang in HIV/AIDS natna in atha hi atamjo tai tinjong akiseije.

Achainan, kichat manna kihetmosah thei ahipon, kichat louthei jong ahikit poi. Iboltheі pen chu aphat tinna chingthei tah a hinkho manding, kivenbit jing ding ahi penne.

BOL TEI TO DING HO:

Jilkung pun HIV/AIDS natna kilah mat to thei na lampi holeh aumdan chuleh kiven nading ho aseija simlai ho kitup tah a ajih doh sah ding.

THUDOH HO HI DONBUTNA PEN:

1. HIV/AIDS hilchennin.
2. Ipi dinga gamkhang tou louho lah a ha punjal ham?
3. Manipur a 'mihem hitpi' umdan sunnin.
4. Mihem hitpi hin vannoi mihem khan na asuhboi jou em?
5. Natna gimnei dang ho sang a achung nun na sunnin.

CHANGVALLA TOHDING:

1. HIV/AIDS chungchangthu nahet dan ho lekha pehlen (poster) a jihdoh in Lang, kailhang mun, lamkot tinna tah doh in.
2. HIV/AIDS thu helou lai mikhat komma seipeh inlang nakihou na lhon jih doh in.

Simmun - 4
SELKAL GOLSEH

By Ngamkhohao Haokip, M.A., B. Ed.

Tahsa damthei kihetna khatchu kichep golseh a lunglut hi ahi. Kichep golsehhi mihemin apenpiho laha khat ahi jeh in koiman apelthei pon, nom le hen da le hen mihem khat in kichepna jatkhat akibol tei jie. Hichehi amin in akoudoh bangin 'kichepna' chu hijeng ahin, 'Golseh' hin kichepna chu koima achangseh in akichem pon, gole pai, tichu, kichepkhompi ahilouleh kitetpiho beijin kichep-golseh aum thei poi tina ahi. Hijeh chun golseh hin Kitetna jong aseina ahi. Amavang malai pule pate chun kichep golseh a kitetna chu thupitah le pelmo'a ananei vangun kipaman sangpenna apeh jiuchu "Pachat nale gol laha gin le ja" a aum chubou anahi. Sangtaha ana kigel kichep golseh chine hat kitetna khatchu Selkal ahi.

Selkal chu phat jousen abol pouve. Chon le hatni, Kut satha nikhoho boule ana boljiu ahi. Ajehchu Selchu phat jousea kimanna Selchop/Selkal chu kibol jilou ahi. Chuleh kipa golnop nia lamle lasah tilouva abolpenu chu Selkal ana hi.

Selkal dame akibol danchu hiti ahi: Amasan Selkhom chu khosung gollhang hatlai chehin thempupa phatsahna in thing hoipen, adeha sithing kitiho thingtah, alhou domchu aphuh uva haosapu leitol ahiloule khopi kitet nathei munkhatna aphu jiu ahi. Selchu selkhomma akihen jouteng chine suhtum min Selchu vo-ngoi juntin, akolsung a-jong lei le vut suh dimset pehuntin, kho helou bangle thamle theija aumteng upa hochun damthei thahat leh gollhangho chu hinkhom untie aban banna ahin chopsah patdiu ahi. Avai lamma achopmu chin, ajoulou sechu "kichol dotan" atiuva ahatcheng dinga chu Phoipi ham Saipikhup ham chu lhep ni le thumma kilhepma Selchung a chu kikoiji ahi. Achopjou/akal joutengu le pontho ajou dungjui jin lhepsajep jep untie achai hale ponchu kilhep thopthop talouva adung langa alhep uva Setting laitah chunga chu kikhai sangkit na selkal chu abol jiu ahi.

Avella nungah gollhang, nupi upa, chapang kichep golseh veho chun gollhang golseh a jaoho chu thanom tah le kipah tahin "ahatne!, "agollhange, gollhang chutibou hihta" tin ahin til jiuve..Minu hochun achapateu chu "Gol ahin kijo nademmo" tin alung gimpiji 1heh un, ahung chopteng uleh onlele leu, dingdoh dehdeh in chuleh chomdoh deh deh in apanpi jiuve.

Chapang hochun anuteu komma "Heno ka-u khu ahunghat nadem, ong?" tin adong jiuve.

Khosung haosa upahon 'alelle' ahilou leh 'ajauve' atiuchu kinel nabeija kijuija, gollhangho koiman athuchu anel loubeh ahi. Hitabang thunun nale vaibolho thunit kitihi 'Kichep Golseh Nunchan pha', sapten Games spirit atiu chu ahi.

Ahatpen, goljou penpa chu haosapu ham semangpa ham chun mipi hettheija akin phondoha mipin akipa pi jiu ahi. Chutia chu kipa pina puma milah a ja-le ginna aummu chu alochah pennu chu hijia ahi. Chuteng Selchu kithat nin tin chat penpachu haosa upahon ankong aumkhom piuva khosunga imalam jousea kisonpi leh kineppia aneijiu ahitai.

1. Anoija Thudohho donbutnin

1. Gollui laija kichep golseh le tukhanga kichep golseh akhantou danle aphat chomna tekahna sunin.
2. Selkhom ipiham ?
3. Koi tobang hochu kichep golseha lunglut jiuvem?
4. Kichep golseha goljouji hochu khosunga itobang dinmun amu jiuvem ?
5. Selchu kalthei-chopthei ahi nadinga chu kivo ngoideh ahi. Mihemkhat jong chu manthei le lolhing thei ahi nadinga ipi bola ichana kisuhgim ngaijam, sunin?
6. "Ahatne agollhange" kiti thucheng tenihi koijin ipi jeha aseiham ?
7. Kichep golsehho laha nathanop napen ipiham ? Hiche golseh thu phabep sunninlang, vannoija amin thangho khat leni thujong sunnin.

2. Paojui kichuhna:

1. "Khosung gollhang" a 'khosung' hin gollhangchu koi/hoilai gollhang ahi ahilchenne. Hito banga Noun hilchen thucheng hohi Adjective akiti. Simmun akon adjective dangho holdoh inlang sunnin.
2. Chang nina khu thucheng khat khat nin English paovah ledoh in lang chujou teng leh eipaova kisei bang khun sappao va chun le doh kit nin.
3. Kichep golseh natha nopna pen khat Thadou Kuki pao ngeitah in sunin.

3. Nakhut mangchan Lang kichuh in:

1. Masang laija Selkal kibol lim ding dan chu simun na kona nahet doh bang in alim/milim chu semin.
2. Sel hi Kukite, adeha Thadoute dinga you ahi jeh in Selchal-pol lim khat semin Lang na in bang ham class room hamah tah in.

Simmun - 5
JALHANGA UMCHAN PHA HO

(SOCIAL ETIQUETTE)

Helen Chongloi, B.A. B.Ed

THUMAKAI: Leiset chunga cheng mihem hohin ama nam leh gam a kivaipoh naleh chondan anei cheh un ahi. Eiho Thadou to jong chonchan hoi nei mite chu ihiuve. Ipu ipa teuvin chondan kit up tah ana juijun, kingailut naleh kikhoto themtah in ana chengkhom mun ahi. Aphat, amuntoh kitoh a kwon, thusei, chonchan them-nolnabei chu 'etiquette' akitin ahi. Tukhanga khangthah to chonchan ilhasam taovin, hijeh hin ikiloikhomnao leh nitin hinkhoa boina atamin kipana alhasam tan ahi. Chonchanpha iti tenguleh-ule naotoh kitoh a hinkhom, ja dingdol jana peh ding, themjil na a umchan ding, hou inna umchan chinch kiloikhorn na a umchanding agommin ahopsoh keijin ahi.

1. KILOIKHOMNA A CHONCHAN PHA: Mihemte hi koimacha achang a hing theileh phathei aum poi. Hijeh chun kiloikhom na a ium mun, khat le khat ikihu to chehun ahi. Mikhat chu chihna-thepna sangtah neihenlang chonchan je hetahih le ama chu 'mingal' tobangbep ahibouve. Thu sangin chonchan hin mi achoisangin, mihemkhat hina a apilhin na aphongdoh theijin ahi. Kiloikhom na a chonchan pha ho

chu;

1. Hoilai mun hijongleh naloi, nagol, nakihetpi, nangngin houmasa jon.
2. Min chibai naboh leh toumun in sang hih in.
3. Milah a khat tou avon leh atou kitup lou namu leh guhthim chan gasei peh in.
4. Kikhopna leh hou inn na mobile that in (switch off).
5. Milah a dumchep, chilset, khahso set, nap nit kiti ho bol hih in.
6. Kikhopna a mithusei pet leh mito kihou hih in. Milah a phate a ilunggel seiding, kikhop khen teng phun louding ahi.
7. Nasanga upa ho nakou na ding dol in kou vin.
8. Na inchen toh kitoh in kijem in. Kilelah na von ho von louding ahi.
9. Thu nahet joule seihih in chuleh nathusei na a pohleng lung in tamtah seihih in.
10. Nasang a kum upa lah a tot chatvai bol hih in. Jana toh thon kihil na ngai jon.
11. Mikhat changmellin moh vet vet hih in.

2. IN MUNNA CHONCHAN PHA: In hi chonchan pha leh themjil na bulphuna mun ahi. Inna chonchan them miho hi kiloikhom na a jong manchah thei leh sinthei um ahijiuve. Inna chonchan pha ho chu:

1. Na ina mi kholaileng ahungleh din munnin kihoulim pi hih in.
2. Nang thanop man in choh thethun agingthei lhahih in. Na inheng, na inkom ho geldoh in.
3. Mi in nache teng kot kiuvin lang 'kahunglut theiding ham?' ti masan. Mohchop lut hih in.
4. Na in chu anop naleh ahoina thei channin jemin. Mi inna moh ge bol hih in. Som ge khang ahita poi.
5. Nache nading nanu, papa ahilouleh na insungmi khat pen koma hetsah in.
6. Inu le pa jana sangpen pehjing ding ahi. Muthei pathen lim a um ahi.
7. Mi anjon pet leh kidah thu seihih in.
8. Um leh bel nakeng a pehhih in.
9. In sung a mai lhai sil sel a umjing ding ahi.
10. Nupa lupna a tou leh lup bol hih in.

3. HOU IN MUNNA CHONCHAN PHA HO: Hou In hi Pathen Houte dinga muntheng tah le aloupi kiphon doh na mun khat ahi. Hijeh chun hou Ina naum teng noija kipe chonchan pha ho hi jui jing in:

1. Pathen Hou inna nache masang in kisutheng in lang taona phate chap mang in.
2. Navon lah a ahoipen leh nangaisang pen kivon in.
3. Bible leh Labu choilouvin Hou inna che hih in.
4. Hou in kaikhom kichai masang in the doh hih in.
5. Hou in sunga imut/lulhuh bol hih in.
6. Anung sangin malanga touvin, chule chilset, touna chung a keng koidoh hih in.

4. THEMJILNA MUNNA CHONCHAN PHA: Themjil na mun kiti hi simlai to a ding a 'hou in' tobang ahi. Hijeh chun Niche munna ichonchan uhin khonung a ipi ihi diu aphongdoh in ahi. School a chonchan pha ho chu;

1. School a nache tengleh kisutheng set in lang, School von lhingset in che in.
2. School a jilkungho chu nahinkho sem ahiuvin, jana chung hung pen.
3. School absent louding, nagol to jong kinah hih in.
4. School kai hi lekha sirn keu ahipon, dlonchanpha leh loipha kisem phatna jong ahi.
5. Guhchatna le alamlou va themvetna (exam) bollou ding, ihet na a bou bolding ahi.
6. Tup le doi kicheh tah neiding, pu le pa, jilkung ho kinepna molso ding ahi.

7. Nitin kihilna phate cha het ding gon, themvet phat le bou lekha simhih in.
8. Tot chatvai le jilkung ho noise a kinelpi bollou ding ahi.
9. Semthu melhoina bollou ding, pasal in sam kivo chom jing ding ahi.
10. Na class to kitoh in hinkho mangin, nasang a lekha themtoh kiloijin.
11. Nakhan toupet akin, dumchep, jachep, khaini, talab, raja chuleh khamnathei dang dang nehih in.

Mi koi hijongleh amun, aphat to kitoh a chonchan je them chu hoilai mun hijongleh jana leh ngailut na achang tei ji'e. Vetsah nan Esther hi naochaga ahin hinlah apangah/apaneo Mordecai thu angai le chonchan athep jeh in lengnu panmun achangin, anam mite thi nadingin ana huhdoh e. Mitna kimu, na a kija hohi chonchan a pohdoh ding ahi. Thuchih in "Practical makes a man perfect" atin ahi. Chonchan aphat le amun to kitoh a juijing hin hinkho a lolhing nadia lampi khat ahi.

THUCHENG HO HILCHETNA

Nolnabei	=	deimo na umlou
Chibai	=	kimuto a kikhut sanna
Somleng	=	janna mi inn age
Inheng	=	ichen khom pi inn vel ho
Jalhang	=	mitam tah lah, akisel mun hilou
Anjou	=	anneh
jilkung	=	chapang hilla pang

THUDOH DONBUT NA:

1. 'Etiquette' ipi timla ham?
2. Kikhop na leh Hou In kai na-a mobile ilo ding ham? Hilchennin.
3. Pathen Hou Inna nache teng iti um ding ham?
4. Eihing a inu leh pa iti bolding ham?
5. Nathem jil na nanu le pa khel a koi ham? Chuleh iti bolding ham?
6. Lekha hi ipi jeh a kisem a ham? Hilchennin.
7. Chonchan pha hin khan geija na atoh thei em? Hilchennin.
8. Ipu, ipate u chun iti hinkho ana man em?

A ONG LAI HUH BIT IN:

1. Mito nakimuto teng nangin .....
2. ..... hi mi ahi na avet sah e.
3. Kikhop na mun a ..... le mi bol lou beh ding ahi.
4. ..... lallukhuh mon mangthei lou gou ahi.
5. Hou Inn hi ..... le ..... nei ding ahi.

Simmun - 6
KHOVEL SUHCHUL LEH VENBIT

(Environmental Degradation And Protection)

By : Seikhojam Kipgen, M. Sc.

THUMAKAI: Tulai vannoi leisetna hahsat naleh gentheina jatchom, chomkel, twilet/ twisoh, natna jatchom chom, nichangsat chule adang dang ito houhi thingle song, ichen nao leiset chuleh asunga um ahingtheile ahingtheilou ho kisuh chatvai jeh ahipenne. Hijehchun gam khangtou holeh chihgil na neihon agelkhoh pen uleh aboipi penlah uva khat chu-Itileh gam lego akihuh tumpin, shingle song, huile twi chuleh juleva ho jouse longdellin akicheng khommin, mihem gentheina hohi aki sulhomdem tibou ahitai. Hitoh kilhon chun UNO in June 5 hi 'World Environment Day' ti in June 1972 kuma pat chun akin phongdoh pan tan ahi.

1.1. ENVIRONMENT: Hichehi abai lammin thilsem namkim- ahingthei-ahingmo, muthei le mumo jouse umkhom nachu kiseina ahi. Hiche hin ganhing, thingle song, huile go, vahleh muthim chute adangdang aseina ahi. Achom lamin ahingthei (biotic) le ahingtheilou (abiotic) tin jong akihen ahi.

Genesis lekhabu a Pathenin Eden hon anasem chu iheuvin ahi. Hiche chin khan geija Pathenin jong environment (khovel) akhoh sahham ti akimun ahi. Ganhing namkim, thing le song, hui le twi chikim in ninglhing setnin ana semmin ahi. Ima jousehi changvalla chin theilou kicheh tahin avetsah in ahi. Hichu eiho dinga khovel sim nadinga abut phutna pang ahi. Chuin mihempa (Adam) asem in hon na chun akoitai. Chuleh ganhing ho jouse leh honna thil umho jouse chunga vaihommin apan sahtan ahi. Hichehin mihemjong achangseh in ahing theipoi ti avetsah e.

Chuti ahi jehchun ikhosah nau leiset hi mihemma dingkeo ahipon, thilsem namkimma dingjong ahibouve. Nangin henglekom nasuh setchu henglekom nasuhsetseh hilouvin asusea pang nangma dingin jong gentheina asosah in ahi. Mihem in imopoh nao kalvalla khut lhana ineitah jehun ichen khompihou goh hilouvin, eihoa dingin genthei na simsen lou asosah in ahi.

1.2. DEGRADATION: Ipi hijongleh thilkhatchu ahi nading limma ikoi louteng ieh ahina leh agun (aloupina) amang thahjin ahi. Hitobang chun khovel hi asempan thilsem jouse ama ama hinale aum nading muncheha akoitup sohkei chin mihem kiloset, suhset ding lungput najehin asempa lungdei bang hita louvin ama deijoha natohna aneitah jehin khovel suhsetiun aumtan agun/aloupina leh ahina amangtan ahi.

Khovel kisuhset hin mihemma dingin gentheina simsenlou asodoh tan ahi. Kellhah, gamsat, twilet, gamgot, munchim chuleh natna hivei chitamtah in mihem hinkho seithei louvin asunohphah tan ahi. Tekah nan gamsat (global warming) jeh in buhbang lhangho ajun gamding ahitai, gamgot jeh in leisetnin neh asep tapon, gam tampia kel alhatan ahi. Munchim jehin inlehlou, neilegou tampi aphat tinnin suhsetnin aum jingjin ahi. Vannoi khantcuna ana sabeh sehtan khopi lenhokeo hilouvin alhang pia huitheng alhasammin, gamsat laileh khopia umho thingphang gammah aki huilha jiuvin ahi. Hui thenglou atamval jehin thing le song, anche louhingin adou joupon nisa vah (ultra violet ray) daltanna pang ozone layer jong mun tampi a avang in hichea konnin mihem chunga natna jatchom chom aum dohin ahi.

Hijongle Pathen phatthei bohchang Thadou-Kuki chaten thinglhang gam itoupha naova nehlechah, hamhing phatna, jou tuitheng lonna chuleh aphat tinnin huitheng idon uvin ahi. Ahinla handing le nopsahding lunggut jehin khovel suhse nin aummin, igam leisetnu agon chomlou kaha 'nelgam' (desertification) soh dingin aumtan ahi.

1.3: PROTECTION: Tu khanghin mihemte dingin boipiding aja-a simding umjongleh akhoh penkhat vangchu 'khovel' semtupma ahina banga lekoikit kallhah thilpha umponte. Malai pile pute lunggel themlou jehin tunin khangthah eihoa dingin thorn haona nasatah asoh dohtan ahi. Gamlenle satha golnop nin ana mangun thingphung, songphung itcha louhellin ana sumangun, ganhing ju leva to kicholdo nading neilouvin mun phalaile gamphalai hollin einungsun taovin ahi. Vangset umtahin lekhabu, television chule zoo (gamsa kikoi na) ho tailouvin thakhatna alen khomnao mulou ding ihitaove.

Khovel ventup nadingin tohding tampi umho laha alu penchu 'thingphung' tamtah phu ding, agam aleija dip sohding ahi penne.

Hijeh chun khovel asetasa semphatkitna dingin tulai khangthah ten adeha simlai khangdongho kilungtoh taha pankhomma gamsunga thing le go, leiset chule tui le song ventupma ahi nading dolla umsahkit phat ahitai. Hichun amangsa le achultasa igam uhi akiledoh sah kitding ahi.

Hijeh chun hiche khovel semtup nading leh nousah kitna dingin noija kipe hetding phabep hohi ngaitoa juiding angaije:

1. Thingphung songphung suhmang louding. Ahin akisuhmang tah jongleh akhel ngaito ding ahi
2. Joulei thinglhanglei munkhatchu kum sottah man jomthei na lampi hol angaijin ahi.
3. Vadung vacha vella thingphung songphung suhmang louding ahi.
4. Amon mang theilou thil le lo manchahho nungsunding ahi.

5. Huitheng suboha pang thilho manchah louding ahi.
6. Ahithei channa kenga lam jotding ahi. Gari a konna akhu in huitheng asuboh in ahi.
7. Tuitheng subohthei thilho tuilah hihen tuija alonlut nathei muna manchah louding ahi.

HILCHETNA:

Environment : kholvela ahingthei le ahing theilou, mutheile mumo, thamkhah theile thamkhamo, thilsem jouse umkhom nachu ahi.

Eden hon : Genesis 1:1-11

Adam : Mihem Pathen khutsoh masapen.

Degradation : Thilkhat alimleh agun ahina banga um talou.

Nelgam : Thing lesong, tui le huitheng umlouna, gamsa gam.

Gamlen Satha : Malai pule paten satha hi ana gutnun, loupina injong ananei jiuve.

A. Thudoh leh donbut:

1. 'Environment' kiti thucheng hi hilchenin.
2. Ipi jeh penna mihemhon gentheina atojiu ham?
3. Pathen in khovel akhohsah nahet dannin sunnin.
4. Ipi hochun khovel agun le aloupina achulsah ham? Nahet chan sunnin.
5. Ipijeha lekha sun pan 'pule pate lunggel themlou' ati ham?
6. Khovel semphatna dinga nahetho sunnin.
7. Ganhing jule vaten ipi dinga igammu adalhah u ahita dem?

B. Bolding ho:

1. Nakho sunga japi tui nehna vellah 'THINGPHUNG PHUH LOU DING AHI' ti jih in lang tah in.
2. Khosunga thilnen khol nading ko (pit) laijin lang khomite juisah in.
3. Kumkhatna thingphung 20 (somni) na tuding ahi.

C. **Class pumpi bolding:**

Poster a jih ding:

1. HUITHENG ANGAIJE
2. THINGPHUNG SONGPHUNG VENGTUP UTE
3. NEN PAITHANG POU TE chuleh adang dang len tahin jihdoh uvinlang khosung muntinna tahdoh un.

D. Thulhanglhon jih:

1. Khovel chungchang thua nahet danho thulhanglhon sunnin.
2. Hon'ble Minister, Ministry of Environment and Forest, Government of India a lekha thot inlang khovel semphat nading pan nalah nomdan gah seijin.

   (Namin Boipu, Ngaimel Children School, Keithelmanbi).

Simmun - 7
KANGPOKPI MISSION CENTRE

[A Historical Place]

By Ngamkhohao Haokip

Kum 1917 velchun Manipur lhumlam sanga Thadouho Pathen of ahungtam thim taovin ahileh, American Baptist Mission Society Non Niche gamkai hopsunga natohna dings munpikhat semdoh theina dingin Manipur Lengpa henga ngehna ananeijun ahi. Hitichun 1917 Chavang laitah in, Manipur lengpa chun Kangpokpi munna koidin ana noppeh tai. Hito kilhon chun Tolbol 1918 in Tura a konnin Dr. G.G. Crozier chu Manipur gamma dingin ahinsol taove. Hichu Revd. William Pettigrew lunglarntah anahi. Ajeh chu atoh khompi ding ana ngaichat tun tun laitah anahi. Abannin Ellha 1919 kummin Manipur Political Agent pan tua Mission Centre muna khu koi dingin slung agel lhatan, hiche dungjuichun, Dr. G.G. Crozier chu hiche kumma ma Phallha a agamchu ahungchot Jut ton lhonin Kangpokpi Mission Centre chu Manipur a dings athah a Mission Centre dingin ahung kiphutdoh kittai. School, hostel leh dispensary dingin lhambuh asapan pai jengun, hitichun Ollha 9, 1919 in Kangpokpi Mission School chu anaphut doh e.

Kangpokpi Mission Centre hi Phaija kona kilometer 45 chule National Highway 39 a pat kilometer 3 vel gamla a um ahi. Hiche centre hi lentah ahin, ahop gamhi abona acres 204.5 a lhingin, solama Kangpokpi Vengthah to akigam gi-in, lhanglama Songpehjang, sahlam le lhumlama Lungphou gamtoh akigam gitne.

Tun Kangpokpi Mission Centre a thilgun hole agam mite dinga gouthil ho aban banin veuhite;

1. **Kangpokpi Christian Hospital:** Manipur lengpa le Political Agent chun thinglhang miho dinga dammo veiset na kijentheina dingle loule ai mutheina munpi semdoh ding agelkhoh lhonjeh pen a hiche centre hi kiphutdoh ahi. Hiche hi 1920 kuma kiphutdoh a, Manipur le sah solam gamkaija dinga Hospital masapen loikhat ahi. Louthem hon athidinga akoihou jong Pathen tahsan najala hiche Hospital muna damdoh tampi aumtai. Tun louthem ho, kijenna manchah chule in lhingset in aume. Inho lah a guntah leh vetnom umtah chu damlou na leh loule ai mopopen chenna dinga kisa 'Medical Bungalow' kiti khu ahi. Hiche in tobang hi tulaija mihao tah injong sahding koiman amoh ngapchat lou ahitai.

Manipur a dinga Miphah kijenna masapen jong ana kihongdoh e.

Hiche Hospital toh kikhutjop in Kangpokpi Christian Hospital Nursing School jong aum e. kumsehleh thinglhang le phaicham ma konin nungah melhoitah tah 20/30 in kichuhna ahungla jiuve. Hiche school a kona nurse ho hi India pumpia pachat achangjing uve. Tu naicha velin jong hiche muna nurse kichuhna ana chaisa khat nin 'Nightingale of India' kipaman sangtah ana mui.

2. **Manipur Theological College:** Amina seilouvin, Manipur a dinga Pathen thu (Theology) kihilna lhingsetna simna mun masapen chu ahi. Lhatun nisim 15, 1953 nin Missionary nukhah pen Revd. J.S. Anderson chun Manipur Central Bible School tin ana phutdoh in simlai chapang khatseh chu Pu Thongkhopao, jilkung masapen, chun anahile. 1962 kumin MBC in avesui panin, Pu Mangkho Thomsong chu Thadou mi Headmaster masapenin anapangin, 1967 kumin Manipur Bible Institute tin Certificate in Bible Study simna thei anakoi taove. Ellha 1982 kumin College in adomsang un Manipur Theological College asah un B.Th. chan simtheina ana umtai. Hitihin ahung machalpeh in 2008 kuma pat in B.D akihong kittai. Jilkung themtah le inn lhingtah in aumtai. Inn ho lah a themjilna lama mopo pen-pen chenna dinga kisa 'Education Bungalow' khu kidangtah ahi. Agunie aloupi keo hilouvin, vamloi gallen nina achu bomb alhah khum uva, kidangtah a pohkeh lou ana hi. Pu Rishang Keishing le Pu Mani Cherenamei hostel le quarters lhingsetnin asah peh tai.

3. **Kangpokpi Mission High School:** Reverend William Pettigrew le Dr. G.G. Crozier in Mission centre a abolmasah pen lhonchu Ollha 9, 1919 kuma Kangpokpi Mission School aphulhona miho lhumlam lekhajil apehlhon chu ahi. Amani school phu chu Manipur Baptist Convention in ajompeh in Bulte 17, 1969 nin MBC, High School tin anaphut nun, Pi Rose Mangshi Haokip chu Founder Principal in ana pange. Hichu 1972 kumin MBC compound Imphala anakichon dohtai. 1917 to 1982 chanin Children Training School anabol kitnun, abanin 1982 kumin Pu. Dr. A. Hrahsel hapan na jalin Kangpokpi Mission High School tin ahin jomkit nun, 1999 kumin MBC in avesui pantai. Hiche school hin 2007 kumchun mission muna themjilna school hung kiphu dohkal kum 88 lhinna leh Kangpokpi Mission High School minput kal kum 25 Silver Jubilee anamang taove.

4. **Gam le Go:** Agamhi lentah ahitoh lhonin, anomin thingphung amang kei-koijin, huijong athenglheh e. Theiga time gampahcha jat tampi jong akeh e. Tuineh kangkha lou, Manipur a twi tuipen alonge. Hijeh chun anopna ho jehin mihon 'Shillong of Manipur' atiuve. Hitobang gamnom leh gammang hi hoipouva kimu talou ahi. Hiche hi akimvela miho lungel themjeh jong ahin, pachat aumun, Pathenin phatthei boh tei junte.

5. **Chamna Thingphung:** 1992 vela Nagaho gaibol jouva namteni kah a chamna dihtah aumtheina dingin 2003 kumin Baptist World Alliance lamkai lubohpa Revd. Dr. Denton Lotz in 'Chamna aumtai' ti phondohnan, chamna thingphung chu Hou Inn komah anaphut tai.

6. **Manipur Neokhat ahi:** Manipur gamsunga jatle nam jouse kimkeijin hiche Centre muna themjil chapang, jilkungin, chuleh damlou kijenin a hungkhomuvin chamdelin Pathen ahoukhom jiuve. Kichep golnop chom chom, Sunday school le thil jatchom chom kilung toh tah in akibol jinge.

Hichelai muna hi pule pate atamjon Pathen ahinhetuva chuleh themjilna ahinmupat uva konna Kukite atamjo, adeh a Thadoute hung mit-hah ahi. Thinglhangmi aching mesa hole tua upa milun atamjo jong hiche muna hung seilen ahiuve. Hicheho jehin Kangpokpi Mission Centre hi Manipur a Christian hole adang dangho het ahi banna India le vannoi Christian gamho a kihe mun thupi khat chu ahunghi peh jing e.

A. Thudoh donbut:

1. Kangpokpi Mission Centre hi koijin apeh ham?
2. Itih kuma Mission Centre hi ana kiphutdoh a ham, chule koijin alo masah pen nem?
3. Ipijeh pena dinga hiche centre hi Manipur lengpan American Baptist Mission Society ana peh ham?
4. Thadou ho lah a Medical Missionary masapen chu koiham?
5. Kangpokpi Mission Centre a kiphutdoh mesa penchu ipi ham?
6. 'Medical Banglow' tie akiminsah na ajeh ipi ham?
7. Kangpokpi Mission Centre muna um thilho ipi pi ham?
8. Manipur Theological College hi itih kuma kiphutdoh ham?
9. 'Chamna Thingphung' hi ipijeh a kiphut ham?
10. Manipur a Missionary nukhah pen chu koiham?
11. Kangpokpi Christian Hospital kiphudoh kum seijin.
12. Kangpokpi Mission Centre hi 'Thusim mun' (Historical Place) china ajeh thucheng somthum valin sunin.
13. Hiche centre kiphudoh den thusim thucheng somnga vallin sunnin.

B. Paojui kichuh:

1. 'Gamle go' kid thucheg hi inangchan lang thugol chom-chom 5 jih in.
2. 'Chamna Thingphung' hi thucheng ni kigom ahialah akoudoh khatbou ahi. Thucheng teni hi achom chom a imanleh akoudoh jatchom cheh ahi. Thadou-Kuki paova hitobang thuchengni kigomkhoma akoudoh khatseh hi ijat nahet em sun in.

Simmun - 8
FUNDAMENTAL RIGHTS AND FUNDAMENTAL DUTIES

By Hemang Singsit

KIHOULIM NA: [Jingkah ahi. Luncha leh Moncha teni ucha jingkah chadon dingngin atou Ihonne. Anu Helhing in chafe changlhah dokhang chunga aluipeh Ihomlin apa Mangboi in thusoh asimmin ahi. Luncha hi M.A. (Pol. Sc) ahin ano Moncha hi bu som leni (XII) simlai ahi. Chadon leh changlhah neh pummin Luncha teni ucha akihou lim lhonne]

Moncha : He-o, India danpi hi tolbol 26, 1950 kumma chepan ahitoh lhonnin asunga hetlouva khoh tampi ho lah a Fundamental Rights leh Fundamental Duties thuhi neisei peh tango...

Luncha : Henge, hiche tenihi India gammi khat ihile hetlouva khoh mongmong hichu. Ajeh chu hiche hin chanvou leh igamma dinga tohding ho asei hichu

Moncha : Ahile, he-o aban la ?

Luncha : India danpi Part III akhun Fundamental Rights thu akisunnin chuleh Part IV(A) akhun Fundamental Duties thu akisun kitne. Hichehi abullang thu themkhat ahin, abannin Fundamental Rights kiti ahi. Chule India a cheng agammi hijouse hi danpi in chanvou khohtah cheh gup apeh a hiche hochu Fundamental Rights kiti ahi.

Moncha : He o, hitobang chanvou ichannu hi thinglhang mi lekhasim louhon heta pouvinte na? Ipi hile chanvou khohtah cheh gup hochu aban bannin hinsei kit o ong?

Luncha : Chanvou khohtah cheh hochu;

a. Right to Equality akitin chuleh India Danpi Articles 14 apat 18 sunga akimun ahi. Hiche hin mihem jouse akibah na aphondoh ahi.
b. Right to Freedom hi Articles 19 apat 22 sunga aummin, hiche hin India a cheng agamani hon chamlhat na anei naochu ahi.
c. Right Against Exploitation hi Articles 23 apat 24 sunga akimmun, hiche hin mihem dandih louva thaneina umthei louding thua thaneina ahi.

d. Right to Freedom of Religion hi Articles 25 apat 28 sunga aummin hiche hi gam miten ama ama houcheh akihouthei nading uva chamlhatna kipechu ahi.

e. Cultural and Educational Rights hi Articles 29 apat 30 chatuun akimun India miten ama ama pule pa chop naleh themjilna lamma icham chat nao chu ahi.

f. Right to Constitutional Remedies hi Articles 32 a aummin achunga thanei nahohi nahsah louva aumma ahile hiche thaneina mangcha a tohdoha umsahthei ahi.

Moncha : He-o, ahile hiche chanvou khohcheh gupho laha hi hiche hi umdale adang hohi pannabei hidi china na?

Luncha : I... hichu. Chanvou khohtah cheh hohi Right to Constitutional Remedies umdale pannabei tichu adang chanvou khohcheh hohi tohmolso ahiloule hiche Right-a hi tohdoha umsah ding ahi. Hiche jeh a hi Right to Constitutional Remedies hi 'heart and soul of Indian Constitution' (India danpi lung le lha) kiti ahi.

Moncha : He-o, abul langa nasei Fundamental Duties hothu jong neisei peh tango...

Luncha : He kate! Hinsei hih lechun kana suhmil hita chu o. Kasei bangngin hichehi India danpi part IV(A) a kimu ahi. Chuleh hichehi India danpi 42 Amendment Act, 1976, Section II dungjuija Tolbol 3, 1977 kumma hung kimang pan hitachu.

Moncha : He-o, lunglut aumme aban hinsei kitno.

Luncha : Henge. Fundamental Duties in ahop hochu -

(1) India Danpi, Nam ponlap chine Kumpi la (National Anthem) jana pehding,

(2) India chamlhat galkisat laiya lungdei pen, lungmitna muho leh gelsang penho deijing ding chuleh juijing ding,

(3) Zalenna, pumkhat hina leh kipunkhomna dopsang ding, huhtup ding,

(4) India gam vending chuleh nampi natong dinga gotsa umding,

(5) Lungkito naleh sopikhat hina, houle beh, paole ham ahilouleh umnatouna jeh a suhnem louding chuleh numeiho dinmun dopsang pehding,

(6) Chondan chomchom, pu le pa akona gouchan ho aset louna dinga koitupding chule alutdan hetding... nahetthei nah Moncha?

(7) Angaija thilsem umho leh gamangho, dillenho, vadungho chuleh gamsaho huhtup ma semhoiding, chutengleh hinna nei ganhing namkim chunga khotona neiding,

(8) Science dungjuija lungthim umdan, mihemte khantouna dinglamma kipehna, chuleh kholchilna lunggel leh thahsemnaho jouse khantousah ding,

(9) Japi neilegou venbit ding chuleh khansetna tol koiding,

(10) Imalam jousea changvalseh natoh hihen japi natohna hijongle asangpen hina ding delding chutileh nampumpin tohdoh sangtah anei ding ahi. Hicheng hi India gammi jouse dinga tohdingnga khohcheh hochu ahi.

Moncha : Kipa aumme, he-o. Tunin Fundamental Rights leh Fundamental Duties thu kahetan tunvang hiche chanvou khohcheh ho chanding leh boldingin umtange.

Luncha : Katei boi, nidan 9:00 hita hila! Chen, School a dingin gakigo to kitup tah a School kai jongkhu simlai chapang dinga duty khoh pentah ahi, khonungnga nampi son umleh sinthei hina dingin. Phate a School nakai louleh kahilna chengjong panna beibep hiding ahi.

Moncha : He no, bu thuh o, School kagei ding ahite!

(Luncha in anaopa Moncha lunglut dan aven ahileh akinep pilheh jengngin sangtah in apah cha jingngin ahi)

THUCHENG HO HILCHETNA:

M.A.	=	Master of Arts
26 Tolbol 1950	=	Indian Republic Day
India danpi	=	Indian Constitution
Tolbol	=	January, kumkhat sunga lha masapen
Fundamental Rights	=	Indian Constitution dungjuija agammi hijouse chanvou/ thaneina khohtah cheh ho.
Fundamental Duties	=	Indian Constitution dungjuija agammi hijousen atohding khohtah cheh ho.
Right to Freedom	=	hiche sunga hin chamlhatna jat chomchom gup aume

A. Anoija thudoh hohi donbutna pe in:

1. Fundamental Rights ipi tina ham?
2. Fundamental Duties ipi tina ham?
3. Fundamental Rights hi ijat um em? Abonnin jih in.
4. Fundamental Rights ho laha hoiche pen hi 'heart and soul of the Indian Constitution' kiti em? Ipi jeh a kiti a ham?
5. Fundamental Duties thum jih in.

Simmun - 9
ANGLO-KUKI GAL 1917-1919

By Ngamkhohao Haokip

Britishte alallaijun avaihomnao gamsungse a angaichat dungjuija ipilam hijongleh a-ngeh channu amutheina diuvin thaneina ana kisemmuve. Hito kilhon chun Vannoi Gallen mesa a gal alai tul tul phatnun France gamma galbolna-a thagum natong kithopi dingmi angaichat'u chu Manipur Lengpa ahinhetsah un, amanjong kiphaltah in aeroplane khat chohna dingin Dangka Sangjathum val anatoh in ahi. Hitobang chun Naga mi 500 jen jong thaguma natong dingchun anacheuve. Khasi, Lushei, chine Meilheiho achelou ana umpouve.

Thadoute vangchu Manipur Lenggam le Britishte kivaihomnale thaneina chutoh ana kigam lat jeh chuleh achamlhat iao suhboija aumding chu huhna dingin Britishte chu anadouvun ahi. 1916 kum kichai lam chun Pu Chengjapao Doungel, Thadoute lah a Mi-upa, chuleh Pu Lhukhomang Haokip, Pache tia jong kihe, Haokipte Bulpipa, amani lamkai nan Thadou haosa 4 (lin) Sajam alhaovin, haosa jouse achannun ahi. "Sajam Lhah" hi Sel ham Voh ham kithatna sachan kisema haosa jouse kithot jia hichu haosahon akho chaga jouse ahoppeh kitnuva, gale-tola nungjam/nungkih lou dinga kihahselna-a ana manjiu ahi. Chuban nah, Thingkho Le Malcha akankop kitnun thukhoh-thukin kihetmat nan khojouse ah atol kitnun hitichun Chamlhat Gal satiia dingin ana kigo taovin ahi.

Pu J.C. Higgin, Political Agentpa chun thagum natong ding a mi kiholna chu Thadou haosahon ajahdalou diuva atep vangin amahon anoppeh tapouve. Ajehchu Thadoute hi galhangte, achamlhatnao jeha namdangte noija sohbanga kunlou ding kahiuve ana tiu ahi. Chuleh Galla thi tapou chu alu Innlhut to kaki jeh un hetlou gamma galkon thei kahipouve jong atiu ahi. Hijeh chun Higgin in Lonpi Haosapa Pu Ngulkhup Haokip in Kuki tribe dang hon jong Thagum Natohna dingchu nomlou dinga thupeh leh gihna anei chu pansat nan aneijin, Lonpi khochu Capt. Coote lamkai nan sepoy somnga valtoh akisat piuvin, Ellha nisim 17, 1917 nikho chun anahal lhataove. Hichejeh chun Thadou haosaho anungchon deh tapouve. Amavang haosalen hon Britishte chunga galbolding anaphongdoh jotaovin ahi.

Hiti chun Thadou Gal chu nasa tahin achelha pantan ahi. Solam sanga Pu Lhukhomang Haokip alamkaijin; sah-solamma Pu Chengjapao Doungel apangin; lhang-lemma Pu Pakang Haokip; Henglep pan, gaichu asatnin; 1humlam sangah Pu Khotinthang Sitlhou (Kilkhong) Jampipa, Pu Tintong Haokip, Laijangpa le Pu Mangkhoon Haokip, Tingkaipa makainan apangun galchu ajochanun asat taove.

Hiche galchun munjouse ahot lingsoh heltan, Burma gam, Assam chuleh Nagaland gamsung jong alhung tai.

Britishte vaipohna joule a jong athong lhungin, Burma akon sepoy asang ajan Thadoutee sat dingin chin toldohun, Aizawl lamleh Assam lamina konin jong a nung kitol tot taove. British India vaihom lenpen Viceroy injong London thu athotnin ga chu alo naje umlouvin aseitai.

Avel vellin British government chun Thadou haosaho koma athu'u va nung dingin atemmun, ahinlah Haosaho chun chutia noise le a chamlhat nao lahpehthei namchu kaki pouve tin ana noppeh tapouvin ahi. Hiche phatchun Sapkang techun gamtin na Thadoute that le meipum asang vallin chin chomun, Thadou kho jong asom ajan ahallhah peh taove. Ichanna abol uva, I alo vangun sapten ajou mong mong tapouve. Hijehchun phat chomkhat chu agal bollu Iolhing taha aum jehchun Pu Khotinthang Sitlhou, Jampipa chun 'Manipur Maharaja', Manipur lengpa kahi tin ana phongdoh mantai.

Ahinlah vannoi vaipoa pang ahijeh uchun sumle pai, neh le chah chute hem le thalla achungnun joh jeh uchun, haosaho phabepchun mipi gentheina khotonan kumpi khutna akipelut loi aum taovin ahi. Chuleh tha lejung, thil le to akichaisap phatnin aban umthei louvin haosa tamtah le gal lamkai phabep aping sannin galhingin amannun akai taove. Hiti chun Tingkai khoa Pu Tintong le Pu Enjakhup ahin mat phatnun Pu Pache'n jong atop khompi anam jalamkaiho thoh naho thoh khompi ding alhengjo tan, hijeh chun Lhatun nisim 20, 1990 nin Phaija achen General Keary koma aga kipehlut top ihonin Thadou Gal chu akichai tai. Riche nikhoa kipatchun Thadoute seh hilouvin Kuki Nam pumpia icharalhatnao chu eina kilahpeh taove.

Chamlhat Galbol sunga thiho titah louvin galhinga kikai chengchu India kumpi phatsah dung juijin Milun W.J. Reid, Commissioner le W.C.M. Dundas, Political Officer teni makaina a kisem Committee chun achungthu-u khaotahin atanun kum 20, kum 15, kum 4, 3 tin songkul tang dingin thu atanpeh taove. Gal lamkai ten phabep vangchu Sadiya (Assam) songkulla tang dingin thulhuh ahitai.

Thohjou hoi hilou engbolna leh kijepna jouvin Pu Tintong chu gal lamkai Pipu (Supreme Commander) ahi ti jehin kum 20 songkul tang dingin thu atanpeh taove. Chutobang machun tahsa kuma a-upa Pu Lhukhomang chu galsatmi tambolpen ahi ti jehin amajong kum 20 songkul tangding in aum tai. Sadiya songkulla atan jou-u chun Cellular songkul, Andaman & Nicobar Island na asol kitnun ahi. Hiche Cellular Songkul chu tuni geijin mime vettheijin aum nalaije akin.

Hitobanga chamlhat Galsatho chu songkula thiden chute henkol puma kivui jong aumun ahi. Amavang Gallamkaiho jana le geldohnan alim hou Queen Victoria Memorial Hall-Calcutta, British Museum-London nap akoijun, Imphal khopi a jong Kuki Inn tin Thadou Gal geldohnan inn lentah tuni changeija muthei dingin akisan ahi.

Hitobang chun gam leh nama dingin genthei naleh thing changei tohding hijongleh anakiphal un, atah behin thi changei jin anam diuvin anathoh lhum keijun ahi.

A. Thucheng Koudoh:

Lal-lai	=	vaipoh, thunei phatsung
Alel tultul	=	ahatmo jep jep
Thagum Natong	=	thepna a hilou, thagum patna natohna (Labour corps)
Dou	=	kigalpi, kidoupi, galla kisatpi
Thadou Gal	=	Kuki Rebellion; Chamlhat Gal; Khongjai Gal; Kuki First War of Independence, Chin Independent War
Alu Inn Lhutte	=	Malai Thadoute chonna a jong galmi (kidoupi) kithat chu alu kitana kiletsah tah le loupitah a kipoji ahi
Nungchon	=	tohdinga kiseisa thil dangjeh a lunggel khel
Thonglhung	=	lhung (munkhatna kon munchom); kithang
Haokip pa	=	Haokip phung sunga U-pa pen
Jampipa	=	Jampi kho haosapu; Sitlhou phung bulpipa
Akipelut	=	kaleltai, kajoutapoi tia kipehdoh
Galhing	=	galla galmi thalouva kimattho
Songkul (jail)	=	miphalouho kikoina, dan sukehho kikoitup Na mun
Tan/tang	=	mi kihen; oh den

B. Thadou Gal thusim hi class a vetlouva hettho in seikit nun.

C. Anoija thudohho hi donbutnin:

1. Sapkangte alai lai juva ipi thaneina akisem muvem?
2. Tha.doute-chun ipijeh a Thagum Natoh na-a pan alah nomlou wham?
3. Ichamlhat dan nuhi itobang ham?
4. 'Thingkho le Malcha' chu iti ana manuvem?
5. 'Sajam Lhah' ipi ham?

D Achomlammin donbutnin:

1. Thadou Galla 'Sajam Lhah' bolmasa haosaho lamkai teni chu koile koi ham?
2. Chamlhat Gal kipatna Manipur Political Agentpa chu koiham?
3. Thadou haosahon 'Thagum Na' tongding mi kiholna chu ipi dinga ajah dao ham?
4. Lonpi khopi kihalna ajeh ipi ham?
5. Lhum-lam sanga gal lamkai ho chu koi koi ham?
6. British vaipoho thununlou jeh a amahon ipi abol uvem?
7. 'Chamlhat Gal' sunga 'Manipur lengpa kahi' tia phongdoh chu koiham?

E. Saothim in donbutnin:

1. Chamlhat Galsat akilelna ajeh phabep sun nin.
2. Haosa lenhole Gal lamkaiho kipeh lut danu kimat danho achen achaijin sunin.
3. Thadou Gal melchihna a kibolho sun nin.

F. A onglai sun dimmin:

1. Thadou Gal kipat kumchu ..... ahi.
2. Chamlhat Gal chu ..... e.nin akichaitai.
3. Thadou Galla Gal lamkai pipu chu ..... Ahi.
4. Songkul atannao mun chu ..... le ..... ahi.

Simmun -10
HUMAN RIGHTS

Kihou Limna

Heniang Singsit, M.A., B. Ed

Boikim : Hepa, ahung lhungding nisim 5th Lhadou leh ka school uva 'Human Rights' thu a kitettia umding ahi. Hijeh chun hiche thu hi neisei peh thei ding ham?

Apa : Henge, boi. Nasei peh thei range. Nahet ding chu Human Rights hi vannoi a kihasei pen loikhat ahi.

Boikim : Hepa, ipi iti dan in em? Neihin hilchennin.

Apa : Amasapenin Human Rights kiti hi ipi tina ham chuleh iti lamdola hung umdoh ham ti sei range. Leiset chunga mihem jouse hi lahpeh theilou le suhset peh theilou chanvou kibang cheha penga ahi. Hiche lahpeh theilou leli suhsetpeh theilou chanvou hi Human Rights akitin ahi. Achesa kum 1948, Ollha 10 nikho a United Nations General Assembly in Universal Declaration of Human Rights ahin phondoh toh,lhonna vannoi a hung chepan anahi tai. Hinla hiche chanvou hohi gam tamtah a ahina bangin koiman aphatchom pi pon ahi.

Boikim : Hepa, ahile hiche Universal Declaration of Human Rights in ipi pi chanvou eipeh uvem?

Apa : Hiche chanvouho hi hopni in akihom in ahi. Amasa hi'Civil le Political Rights' akitin chuleh anina chu 'Social Economic le Cultural Rights' akitin ahi.

Boikim : Hepa, Civil le Political Rights kiti hi ipi tina ham? Neisei peh kit in ong?

Apa : Boikim, Civil le Political Rights kid hin chanvou tampi ahopin, aban bannin seihite;

(a) Hinna dinga chanvou,
(b) Chamlen nathei chanvou,
(c) Kivenbitna dinga chanvou,
(d) Soh suhgenthei louna chanvou,
(e) Dan noija mijouse kibahna chanvou,
(f) Dandih louva kimat chine alam louva kihen oh louna chanvou,
(g) Dihtah a thutan na chanvou,

(h) Neile you chunga thaneina chanvou,
(i) Gamsung kivaihom na a pantheina chanvou,
(j) Chamlhat tah a lunggel chanvou, se leh pha hettheina chanvou, hou gamma chanvou, ngaidan leh seinom seitheina chanvou,
(k) Chamlhat tah a kikhopkhom theina leh kiloikhom theina chanvou, chule
(l) Gamsung kivai homna a amatah ahiloule amakhel lhentheina chanvou

Boikim : Tun chanvou anina hochu aban basin hinsei kit o .....

Apa : Economic, Social le Cultural rights ititeng, ahop atamin hinla gah seithei dom hochu;

(a) Natoh theina chanvou,

(b) Natoh kibang a same lo kibahna chanvou,

(c) Natong kiloikhom na a jaotheina chanvou,

(d) Inches, louchen khantou sah reading chanvou,

(e) Themjil theina chanvou chuleh (f) eima chonna cheh a hinkho man reading chanvou. Hicheng hohi ahi.

Boikim : Hepa, tun Universal Declaration of Human Rights hung the panna chu United Nations noija um gam ijat in area pom em?

Apa : United Nations not a umlou gamhon jong hiche Universal Declaration of Human Rights hi porn ding in phatsahna area neijun, hinla gam 198 in bou area chepin ahi.

Boikim : Ahile ichennao India leh Manipur a hi hitobang chanvou hohi umlou ham chuleh koi in avetsui ham?

Apa : Aume. Hiche chanvou hohi India pumpi a dingin National Human Rights Commission (NHRC) in avetup in chuleh Manipur a State Human Rights Commission (SHRC) aum nai. Hijeh chun chanvou achunga kaseiho chu suhsetna aumle hiche commission teni koma hi jihtho a hetsah thei ahijinge.

Boikim : Thusoh ho ivetna ahileh, ichennao Manipur a his hiche chanvou hohi suhsetna umjing abange. Ipi iti dare ham?

Apa : Ichennao gamma his niseh in themmona neilou le dandih louva kitha, kimat atangpoi, neile you chuleh sum le pat hunam a Chum le lahpehna atangpon ahi. Japi kikhopna mun le kailhang munho a apohkeh thei koi ahijing in ahi.

Chubannin themmona neilou tempi songkul lut jong aum depot. Hiti hin khansetna le chonval na aurn jinge.

Boikim : Hepa, tunvang Human Rights thu kahetan, hijeh shun school a kitetna a pang dingin um tange.

Apa : Boikim, phatechan kasei hohi nalungin ching jingin Lang sumil hih in. Chute school a kitetna a hung pachang maitan.

THUCHENG HILCHETNA

5th. Lhadou (June)	=	International Human Rights Day
Ollha	=	December, kum sunga lhachaina pen
United Nations	=	vannoi leiset kiloikhomna alenpen, tutu hin gam 192 aume

A. Anoija thudoh hohi donbutna jih in:

1. Human Rights kiti hi ipi tine ham?
2. Itih a patna Human Rights hi vazuzoi a phondoh a ana urn em?
3. Universal declaration of Human Rights in chanvouho ijatna ahop em? Jih in.
4. Vienna gamma World Conference on Human Rights umjouva chu gam ijat in Universal Declaration of Human Rights hi anapom hitam?
5. India le Manipur a Human Rights vengtup tent min jih in.

B. United Nations a Secretary General ho min jih in. Na jilkungpu kithopi na thum thei ahi.

C. Naloi nagol hotoh Human Rights thu seikhom inlang, chujouteng thucheng jakhat langa hiche thu hi jih in.

Simmun -11
LEKHATHOT JIH HOI

By Seikhojam Kipgen

Jilkung pu in achapang khat 'chihgilna' (science) lampanga tilkhouna anei:

Elite Hr. Sec. School
P.O. Kangpokpi-7
Sarlar Hills,
Manipur-795129

N ikho, Lhaphul 3, 2009

Kangailut Minlen,

Amasan thepna le chihna adeh a 'chihgilna' lampang nakhohsah jing kahen kaki pah e.

Minlen, chihgilna hin vannoi alodim ahitan, vanthamjol akhokhel ding ahitah jeh in, hiche lam thu a kahilna hi nalungthimma nachin jingding chuleh nangonga khivui banga naki-o jing ding ahi. Nitin ikimanchah nao leh mihem hinkho jong alodim ahitah jehin paimang thei leh doudal thei ahitapon, hijeh chun aumdan hetna anatoh ho hetjoh chu hamphatna ahijoi.

Pule paten lungmitna jong ana ngaito phahlou Sapkangte gam, kangnei lhaile ho, huilenkong, computer leh television, vetnom kidang holeh deichat simsenlou ho jeh hin vannoi leiset hi 'khutmuh' tebep bou aso ahitai. Jingkah natho apat jan na imut geija chihgilna in nachunga vai ahom ahi. Nitin kimanchalula-nihchen, ponsil, neh le chah, chele vale na, khatle khat kihet/kihou mama hojousea chihgilna hin alamkai louleh mihem dingin hahsat na sangtah ahitai. Pathen thilsem holah a 'hinna' tailou adang sevang chihgilna na in amudoh soh in, sem jong asem doh soh tai. Vanthamjol a mihem leh athilsem adimmin adim tan, leisetila lungkimlou bangin, vanthamjolla ahsi le lhathah geijin alenglut tan ahi.

Hijehchun, hitobang phat khanga khosa nahi jeh in keikom ma pol 12 nasim channa kahilna ho chu kitilkhounan neijinlang aban najom na-ah mangcha lechun lolhin na sangtah namuding kakinem me.

Achaina in, Pathen thilsem akiselguh ho kholdohthei mikhat nahung hiding kakinep pi e. Chutengleh hams papa, nalekhasim khompi nagol napai ho chuleh nathem

jilna bulphutna anapang chengin napachan nileh, nathoh gimna hole nagutchu naho anakisei chim pontin miten kihilna a shin man teiding ahi.

Pathen na thumnaleh taonan pontho tah in pangjing le chun, imajouse pethei pan ama lunglhaina in nabolpeh tan te.

Damseltan.
Kitahna neijing,

Hilchetna:

Chihgilna	:	Science/thepna
Vanthamjol	:	vanchung sang
Na ngonga..... khivui	:	hetjing ding/suhmil louding
Pathen thilsem akisel	:	mihem het ding a ginchat phahlou
Imajouse pethei pa.....	:	chung Pathen

Thudoh leh donbut:

1. Lekhathot ipi adoi na a lekha athot ham?
2. Iti lam dolls chihgilna hin mihem hinkho a vai ahom em?
3. Chihgilna athupi dan nahetchan sunnin.

Kithepchuh na:

1. T ekha thot jih hoi thei na dings a ipi pi ngaijem? Jilkungpu toh kitho in Lang jihdoh in.
2. Nagol pa/nu lekha thot in lang 'computer' kimanchah dan leh athupidan gah seijin.
3. Vanthamjolla satellites ho umdan nahetchan lekha thot in jih in lang papa gah seipeh in.

PART - II

JAILA

POETRY SECTION

Simmun -12
CHAMKANG NU

– Ngamkhohao Haokip

1 Chamkang Ninou ahungsoh in,
Chenna lhangjol asal emsel.
Vaothing pahna alome,
Lhangmol khojol achoihoije.

2. Chamkang Simngeng Ju le Va,
Louna tintang lamkol bange.
Mallam huilhi kinung ding deng,
Molhoi pahcha lam dil delle.

3. Charnkang phatlai anom pene.
Vapi-vacha achim kiu-keo,
Olna nehna ninglhin phat,
O! Ngaichimlou Chamkang Nu!

4. Chamkang Sahei chulmo in,
Onthing manglai ajempalle,
Lung-ol lungdam lungkim pet chu,
Kangai chimpoi Chamkang hoinu.

Paocheng ledoh:

Chamkang	=	kum kiheichin nichanna (Spring season)
Vaothing	=	thingphung jatkhat, chamkang laileh pah ji (Flame of the forest)
Khojol	=	khosung
Louna	=	leiset nin ahinsepdoh hampa louhing jouse
Tintang	=	jatkim
Mal (lam)	=	sahlang (gollui pao)
Chim	=	atheng (Two chim)
Chamkangnu	=	(a nu lima-feminine) chamkang hi anudan na kigel ahi. Ajeh chu hiche phatbih sunga hin, anom, apha tampi umlai, thing le go nouchet na aumphat lai ahi.
Lamkol	=	pule pa lam lah a anompen loi leh achepen khat, kolla ki ding khoma khut kituhto a kilam ahi.
(ajem) palle	=	Pal=lentah a pah; vah seng sung/emsel lin ajemhoije
Lung-ol lungdam lungkim pet	=	Neh le chah, sil le chen lhin pet chuleh damthei jeh a lung kipa pet ahi. Chulèh hui le go, nisa lhathah anop lai jong ahi.

A. Thudohho donbutnin:

1. Jaila sunpan Chamkanglaihi ipi thing patina dingin akilome atim?
2. Pathen theilsem hoi chi-chi chu Chamkang laileh hoipen, phapen chuleh nompen em?
3. Kum kiheichin lah a anom pen chu ipi ham?
4. Ipi jeh a jaila sunpa chun 'Ngaichim Iou' tia aseiham?
5. Chamkang lai leh pahji gam-pahcha thum sunin.
6. Chamkanglai ahoije tia Jaila sunpan aseina ajeh khat sunin.
7. Jaila a hin asunpan Pathen thilsem thing le go, juleva leh thildang tampi amin phah e. Ajeh epi ham? Chuleh ipi jaila kitin tem?

B. Sutlouva seitho ding:

1. Jaila hi abonchan nivei tobang hasimin sim ging in. Anivei channa chu gangtah in sunin.

2. Anoija thuhohi O-gingtah le gangtah in seijin: sal emsel, vaothing, alome, lhangmol, simngeng, dil-del, ding-deng, vapi-vacha, chim kiu-keo, tintang

C. Paojui kichuhna:

Jaila golni na a 'asal emsel' kiti na a 'emsel' his 'anal' kiti tohphong hi ague na, a hoina chuleh atohdan chu abe lap ahi. Hitobang tohphong (verb) belap ho khu adverb akin. Tun jails a adverb hose holdoh inlang sunin.

D. A-onglai sundim min:

1. Vaotiiing ..... alome,
2. Louna tintang ..... bange.
3. Mallam ..... kinung .....
4. Vapi-vacha ..... kiu .....

E. **Naloi nagol hotoh gelun Lang seikhom mun:**

1. Hiche 'Chatnkang Nu' kiti jaila sunpan aseinom penleh adoi pipen epi ham?
2. Kum kiheichin adang thum ho chu sim unlang chamkang laibanga nom am nom hih am kihou lim-un.
3. Jaila a konin ahon honnin noun, verb chuleh adjective ho seikhommun/sundoh un.

F. **Thadou Kuki pao kisun simding dan:**

'Simin' : Hiche tabang thu chenho hi 'Si-min' hilou vin 'Sim min' tia kiseidoh ahilou leh kisim doh ji ahi. Vetsah na dang:

Alome = 'Alom e' hilouvin'A1om me'

Bange = 'Bang e' hilouvin 'bangnge'

Pene = 'pe ne' hilouvin 'pen ne'

Hitia hi Thadou Kuki pao sut dings kiche pi akin, khangthah lekhasim hon spelling chow chum ipoh dohu leh ipaovu mang thei ahi.

Simmun -13
KHAIJE! KHAIJE!

Khaije! Neogol tongkai kitona Pupa hanla:
Lunga mangmo Thadou Gal,
U-mi tongkai donna Thingkho le Malcha;
I-dougal hammo mikang te,
Kheplou laijon bang Pu Tintong,
Laijangpa. Pu Enjakhup, Pu Pache leh aloiho
Henkol kaina Sodia twikol
Lungmit in langnge hamjang setna twikol.

Khaije! Khaije! Neogol tong in dot no,
Pupa maban heijin silung limmin,
Agam thingtin pahna,
Ingai chimlou I-gam lungtup gam;
Pupa sulnung jui jin manou te,
Hammol vannoi kumpi silung limmin,
Bulbang Iham ding toh i-kito nileh.

Khaije! Khaije! Tongkai donna Thingkho le Malcha,
Pupa tongkai san nan mellin lom,
Tu khangnou tongkai sauna chithi,
Henkol kaina Sodia twikol
I-nam khankho seina munpi hiding;
"Hamjang phatna twikol" tiuvin te toicheng in.
Pahbang pahin, chulmon jai in oitao vinte

THUCHENG KOUDOH (MEANING):

1. Khaije - Kitilna; kipan taote tutu in, tine thucheng ahi.
2. Tongkai - Thu le la kidot tone
3. Hanla - Kimin lah (Kitepna, kihahselna) na a kiss la
4. U-mi - U le nao, sopi
5. Hammol - Ham le Pao kibah pilou
6. Kheplou - donlou (thilkhat tapou eja se lou)
7. Henkol kaina - Handcuff pumma ski hennu
8. Haznjang setna - Vangsetna
9. Bulbang lham ding - Kihen oh, Songkul lut na a kon kilha ong
10. Tong i-ki toni leh - Lungkhat thakhat i-hiniu leh

HILCHET:

Bung 1: Pu le pa ten Thingkho le Malcha ana mangngun Sapkangte (British) a konna Chamlhat ding deinan kilung toh tahin'Chamlhat Gal'- Thadou Gal, anasatnu chu tuni geijin akisumil poi.

Bung 2: Khangthahte kilung tohtah a ipu-ipa teo khonung ijui nioleh Vannoi jin thudih hin hentin, igamsung uva emalam jousea Chamlhatna imu diu ahi.

Bung 3: Masang Thingkho le Malcha chu tukhanga toumunna thiljouse kihe tabang ahi. Akhang toh kitoh a lekhasim khangthahten pu le pa to henlhahna mun le ajeh holdoh a i-nam ding dinmun semphatna a man ding aphai.

THUDOH:

1. Jails jihpan 'Khaije! Khaije!' ti thuchenghi ipi dingnga amen ham? Na hetdan nin hilchen nin?
2. Sodia Twikolla ana henlha Pu Tintong, Pu Enjakhup, Pu Pache, leh adangho chu jails jihpan koitoh ate kah em?
3. 1-gammu hi itabang gam ham?
4. Ajouleh (phatchom khat jou leh) Sodia Twikolhi i-tabang hung hin tem?

HILCHEN NIN:

1. 'tongkai donna Thingkho le Malcha'
2. 'Pupa maban heijin silung limmin'
3. 'i-nam khankho seine munpi hiding'

Lahchom Hilchet: 1910 sung a pu-le-pate kilungto nale tukhanga dinmun chuleh ahungihung ding phatkhu jails sun/jih pan lungmit in amun alungnat pi Iheh e. Thingkho le Malcha kikanlhopma Haosa joule komma anakitol chun thulhuh le tohding aumme tie kinel baotam buys ana kijui ahi. Ahin tukhang toumunna thu kihetto na khanga kithungaina aumlouhi jails sunpa alungnan, hititapoute ati. Sodia Twikol, ihenlhah nao va konna nampi chamlhatna asonading in lekhathem khangthah hon kholtoh uhen jong ati.

Simmun -14
MUCHITUNTUN

By : Ncy Doungel

Singsung jingvai homthem Chunnu bang
Nahung phonge kumsung muchi tuphat,
Khuolthem - Haosa, Semang, Pachong bang
Khomi, haosa, nehlou, chahlou khohsah ah hinnate
Jougam jangva Muchituntun.

Lhomun, tuhmun ding cheng nga gatham nahimmo
Tongso mon urn jahlouna asot tangei,
Phattheina - nathah, louthah, kumthah toh
Thempu bang thenhong a hungkit nahim
Jougam jangva Muchituntun.

Lungching jangva vaichat galla satpa
Lompipa bang lomlhang hinkai kit nahi hitarn,
Lenpi - Pengpa le vakolkaplou hocheng toh
Lungching Jopa bang singsung khohsah ah hinnate
Jougam jangva Muchituntun.

THUCHENG HILCHET :

Singsung	-	Insung
Chunnu	-	Nu, Heno
muchi	-	anche lou hing mu / thing mu
semang-pachong	-	vaichom / thunei ho
jougam	-	Thinglhang gam
jangva	-	Vacha
tongso	-	Awgin / awso
lompipa	-	Lom lam kaipa
pengpa	-	In na cheng vacha jat ahat
vakolkaplou	-	Vacha jatkhat 'vakol kaplou' tia hamji

THUDOH HO :

1. Singsung jingvai hamthem ..... kumsung muchi tuphat.
   Ipi kisei na ham hilchennin.

2. Lhomun, tuhmun ding chenga ..... thenhong a hungkit nahi ham?
   Ipi kisei na ham hilchet na kicheh tah pen.

3. Lungching jangva vaichat ..... joungam jangva Muchituntun.
   Ipi kisei na ham hichet na pen.

4. Jaila thulahchom (substance) in sunnin.

Simmun -15
IT LAI CHUN NU

Ngamkhohao Haokip (1999)

Gimna hinkho anus lai,
Thohgim genthei ki-oi lai,
Hinna twikhuh akan lai jin
Mella theilou chun ngainu
Hung tol soh-e gimna phaijah
Huhdoh natoh tong dingin.

Kana muthim salvah din
Lungset meivah avah tai.
Ngailut muchi alhah tai
Ngai-um chungnung Chunngai chun
Lungmon, Lungset alah len,
Phatna phona phungvuh ta.

Khuthoi chungnung Chunnu khut,
Melhoi chungnung Chunnu mel.
Setlei pumpin athange
Ngailut chungnung aken chu
Vann not pumpi thong lhungta.
Chunga Pathen choihoi nan.

Thilpha bolna chimlounu
Setlei kumsim simchai jin
Tonsot ulna nit dingin thong nuse ta.
Namtin vaipi nuh bingin
Lhahna tongso kibunglhan
A vanchoicheng ku gamta.

It lai Chunnu.

KICHUHNA

1. Hiche Jaila hi nangdinga ahina pumpi phaldoh na gaitah nanu lachoinan gellin lang, Mother's Day, Lhaphul 3 nikho leh Hou Inn kaina ah simphong in.

2. THUCHENG LEDOH: [Thadou Kuki pao thepna ding in anoija thucheng ho hi chingin]

It lai chun nu	=	Mother Teresa kiseina; (ama kila choina ahi)
Anunlai	=	lenlai, hui nung banga gentheina kithoh lai
Tolsoh / so	=	ginchat loubeh a hungdoh / lhung
Alhah	=	atu, muchi bang a kitu
Phungvuh	=	thilkhat (muchikeh/thing) akhantouna dinga vetsui
Athange	=	amin kithang, loupi
Aken	=	anei, mihem hina
Thonglhung	=	thu kithang kija
Choihoi nan	=	loupina
Nit	=	nikho kimang (Thini, penni, adang dang)
Nuhbing	=	lhase tenjeng ahija kaplha theilou
Tongso	=	awcheng
Vanchoi	=	cha, chate
Ku (gamta)	=	kap, ka

3. Hiche Jaila a-ngeinaho chu, vetsahnan, 'huhdoh natoh', 'chungnung chunnu' tiho hi ahi. Adang ho jong sundoh soh keijin.

4. Thadou Kuki paova chutobang thugom (phrase) adang nahet ho sunin. Jikung pu kithopina ngehin.

5. Jaila sunpa Pu. Ngamkhohao Haokip in "Itlai Chunnu" tia aseilona ajeh nahetchan sunin.

6. Stanza (chang) masapen khu sappao vin ledoh in.

7. "Hinna twikhuh akan laijin" kiti thugol hi ipi jaila a kon ham, koisei ham, chuleh hilchenin? (Hiche tabang thudohho hi Sappaova 'Explain with the context of the poem' tin aki dong ji e).

8. Anoija thudohho hi thagol lhingset in donbutna pen.

a) Gimna phaija chu ipi boldinga Mother Teresa hunga ham?
b) Chun-nu chu madang laijin akihe khapoi tihi hoiche thugol hin aseijem?
c) Ipi chu muchi banga alhah/atu ham?
d) Leiset pumpia amin thanna ajeh pipen chu ipiham?
e) Jaila sunpan 'Chunnu' chu ipi bol a chimpoi tia aseijem?
0 'Chunnu' chu melhoi chungnung achan chu ipijeh penham?
g) 'Nu' kiti hin anom lailai aholpoi tia Jaila akona nahetdohse sunnin.
h) Hitobang chonchanpha nabol nomleh nahetho sundoh inlang jilkungpu/nu vetchil sahin.
i) Jaila a tohphong (verb) thucheng ho jouse sundoh in.

Simmun -16
PHAT

By: Khaimang Chongloi

Phat chew kou kit thei hilou,
Ana ngei je mollemsa gol ngai cheng;
Apui jing'e gim le dana kipa na nopna,
Tang lou va long jing twi bang'in; Achal jing'e lenlai nikho.

Aw; Nop na kipa na kim thei lou,
Malai Pi le Pu chunle jo lomgol cheng;
Ana lenkhom mui long dellin,
Kho ngai thei lou hinlai nikho.

Chavang khal hui lhi hung nung,
Lung nguisa chunle jo silung'a;
Pah bang molsa vangkho jol (Bolna mun).
Alang'e Silung mit nin, Phat hoi lai ni.

Phat C;hom cha inei sung'in kipa le thanomin,
Lung khat tah in tong'u bite hinkho amol kah'in.
Phat le nikho akem jing'e,
Damlai nikhole le khang dung lai nikho jong;
Thu dih le lam dih napha tong din ki pan tan.

THUCHENG HILCHET

Mollemsa	-	athitasa
malai	-	kumsot tah masang
Vangkhojol	-	khosung, vengsung
Chun le jo	-	Nu le pa
Lomgol cheng	-	Golngai cheng

THUDOH HO

1. Phat chesaho kou kit thei helou ..... a chaljinge lenlai nikho
   Ipi tina ham hilchen nin.

2. Mailai pi le pu, chun le jo, Lomgol cheng, ana leng khom mui, long dellin, khongai thei lou hinlai nikho.
   Ipi kiti na ham? hilchen nin.

3. "Chavang khal hui lhi hungnung ..... Alang e silung mit nin, phat hoi lai ni" Chunga thu cheng golhon hi hilchen nin.

4. Phatchom cha inei sungun kipa le thanommin..... thudih le lamdih, napha tong din kipantan.
   Hilchet na pen.

5. Jaila thulah chom (Substance) sunnin

6. Jaila sunpan ipi jeh a khongai thei lou hinlai nikho atiham?

7. Ipi jeh a Jaila sunpan naphaa tong din kipan tan ati ham?

Simmun -17
NAO OI-LA

1. Nao ka oi, nao ka oi
Nao oi man sel nei peuvo

2. A chal kitheng kadei poi
Api gai lai nei peuvo

3. Kapu to kemsang chunga
Kanao pon cha kalhah sah

4. Gala vah tang kati le
Sangah meikol aham lut lut ne

5. Songko chunga valai leng
Kanu neihin kou peh o

6. Keiman kakou thei lou vo e
Toije nangin kikou to veuvo

7. Nao ka oi, nao ka oi Va-ah nu nao
Ka oi lhanglha hi hei je
Thorn ni thorn thum kakalpi

8. Vangil jolla peng palep
Kanu hin solloi loi jo
Kanao akap akap me

9. Vangil jolla Mu-vanlai nu
Kanu namu lou haimo
Kanao akap akap me.

THUCHENG HILCHETNA :

oi	-	don, nao dan
Achal kitheng	-	Achal lhingset, aki hoitah
api gailai	-	Gancha anu nao vop
poncha	-	pon, naopon
valai leng	-	vacha lengle le
toije	-	nao vin, nao nu ahiloule naopa.
thomni thomthum	-	Thingphung aka ni akathum
pengpalep	-	Vacha to bang, Bahtobang ganhing
muvanlai	-	Van thamjolla leng le le vacha jat khat.

THUDOH HO:

1. Nao ka oi ..... a chal kitheng ..... api gailai neipeu vo.
   Ipi tina ham? hilchen nin.

2. Kapu te kem ..... aham lut lut ne.
   Ipi tina ham? hilchen nin.

3. Songko chunga valai leng ..... toijen bangin kikou ta veuvo
   Ipi tina ham? hilchen nin.

4. Van gil jolla Pengpalep ..... kanao akap akap me
   Ipi tina ham? hilchen nin.

5. Ibolla nao a chuti oi oi jeng ham? Anu hoilai ja che ahi dem? Hilchen nin.

6. Jaila hi thulahchom (substance) nin sunnin.

PART – III

PAOJUI

GRAMMAR SECTION

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Simmun -1
THUGOL
(Sentence)

Lekha jemhon (letters/alphabets) thucheng (thumal) asemun, thucheng ijat ham khat kigomkhomho chun thugol asem kit ahi. Hinla thucheng phabep kimoh golkhom maimai chun thugol asemdoh jeng ahideh poi. Thugol chun seidoh le phondoh kichehtah anei tei ding ahi.

Anoiya kigolkhom thuchengho, jetlam sang le veilam sanga kisunho hi phaten vekah uhite.

1	2
Chunga, vachaho, thing-on, atouvui agolin.	Thing-on chunga vachaho agolin atouvin.
Ama, akona, kit, tam, kite, hung, Delhi?	Ama Delhi akona hung kile kit tam?
Pathenin, taken, nangrna, boh, na, phatthei.	Pathenin nangma phatthei na boh taken.
Pahcha, hoiya, itobanga, chu, hitam	Pahcha chu itobanga hoiya hitam.

Veilam sanga kigol thuchengho hi kimoh golkhom maimai ahi jeh'un ima kicheh seidoh le phondoh anei pouve. Hitobanga umkhom ahiloule kigolkhom thuchengho chu thugol akiti thei pon ahi. Hinla jetlam sanga kigolkhom thuchengho vang hin thu khat kicheh tah'in aseidoh cheh'un ahi.

Hijehchun, thucheng phabep kigolkhomho, kichehtah a thu khat seidoh nei chu THUGOL (Sentence) akitin ahi.

THUGOL JATHO (Kinds of Sentence)

Thugolho hi athupoh dungjui le slim umdan dungjuiyin jat Iia hop khen thei ahi.

Thuphongdoh Thugol (Declarative Sentence) :- Thu khat chu shins bang le ahilouna seidoh thugol chu. Thuphongdoh Thugol (Declarative Sentence) akitin ahi.

Vetsahnaho : Nisa solama asoh e.
Nisa kimvela leiset che ahi.
Hethem nungah mel hoitah ahi.
Tunin ama school ahung kai poi.
Tukumin go ajuvah pon chang akiphut geiye.

Thuphongdoh Thugol hi jat ni in akihomkhen son kitnin ahi. Hichu ahile :

(i) **Ahi Kiseidohna Thugol (Affirmative Sentence)**

Vetsahnaho :- Keipi hi sa jouse long ahi.
Mol lah a Himalay mol asangpene.
Tuni nilhum keiyin go achinin ahi.
Lha kitle ama Chennaiya lekha sima che ding ahitai.

(ii) **Ahilou Kiseidohna Thugol (Negative Sentence) :** Ahilou Seidoh Thugolho ah ahilou kihetna thuchengho 'lou' 'poi' 'pon' 'hih' tiho hi khat penpen aumjin ahi.

Vetsahnaho :- Chapangpa chu- themvetna a apachang jou tapoi.
Twineh don hih in na ti nante.
Tunia bus lhai lou ding ahi.
Dohna chu ka donbut thei pon_ ahi.

2. **Dohna Thugol (Interrogative Sentence) :** Thudoh bolna thugol chu Dohna Thugol (Interrogative Sentence) akitin ahi. Dohna Thugol jouse chu akingah teng dohna kihetna lim'?' (Note of Interrogation) kikoi teiyi ahi. Thudoh Thugol ajona a hiche lim hi akikoi louleh thugol chu chamkim lou ahi.

Vetsahnaho :- Tuni hoiya na che ding ham?
Amanu min khu ipi ham?
Chapangho, ipi jeh a na hung geiya ham?
Itihle exam. kipan ding hitam?

3. **Thupch le 'Thumna Thugol (Imperative Sentence) :** Hiche thugol hin thupeh, kisolna, taona le thumna chule phatthei kibohna thuho aphongdoh in ahi.

Vetsahnaho :- Chapangho, school kituptah a na kai jing dingu ahi.
Lungset tah in ka suhkhelna nei ngaidam teiyo.
Lengnu hingsot hen.

Toumunna sumkol veije na het nomle lekha ha simmin.
Nangho na jat na nam dingun hatnum Lang hangun.

Hitobang Thupeh le Thumna Thugolho jong (.) full stopma kichei ding ahi.

4. Photlot Lunggel Phondohna Thugol (Exclamatory Sentence) : Hiche thugol hin kidangsahna, kichatna chule photlot louva thil khat jeh a lunggel hung sohdohho chu aphondoh ahi. Hitobang thugolho kichaina chu full stop khela lim chombeh hichu '!' Note of Exclamation (Photlot lunggel phondohna kihetna) kiti khat kikoi teiyi ahi. Hichehi Exclamatory Sentence kihetna chu ahi.

Vetsahnaho :- Tuni hi itobang sa a hitam!
He kate, gul chu alen tave na!
Oh! thilsoh chu iti kidanna hitam!
London lei chu iti loupia hitam!
Heihah, lamkaipu aum tapoi! (Athitai tina ahi)

KIPATEPNA

1. Thugol ipi ham? Vetsahna pen.
2. Anoiya kigolkhom thuchengho hi goltoh phan Lang thugol khat cheh in semin.
   (i) Gamlengpan, ahin, julei, kapme, tamtah.
   (ii) Chapanghon, naochaho, khainai, numei, adeiye.
   (iii) nisa, janle, sunle, avah e, avah in, lha.
   (iv) umchan, gamdang, na, nomle, simmin, mi, het, lekha, ha.
   (v) akaiye, humpi, abah, apolin. keipi.
   (vi) bul, ngailut, jouse, hi, ahi, chonsetna, sum.
   (vii) iti, na, hitichun, jong, min, bolin, nangin, bolleh, deiyem, na.
   (viii) ngao, jong, neh, simma, vangin, jouva, chang, alhai.
3. Thugol jat ijat umen? Amin cheh in vetsahna khat khat toh sut than.
4. Ahilou Kiseidohna Thugol (Negative Sentence) ipi ham? Vetsahna pen Lang hilchenin.
5. Dohna Thugol (Interrogative Sentence) ipi ham? Vetsahna pen Lang hilchenin.

6. Anoiya thugolho hi ipipi thugol hiuvem?
   (i) Na pu damna lai em?
   (ii) Hapta kitle India Prime Minister Manipur a hung ding ahi.
   (iii) Chateho, na nu na pa thun nungun.
   (iv) Mi seiset apha poi.
   (v) Pathenin na umpi jing tauhen.
   (vi) Heihah! ka pen mansah tai!
   (vii) Kichep kichaiya hitam?
   (viii) Lungsetnin na pen nei mansah o.
   (ix) Pahcha chu ahoi tave na!
   (x) Loubolpan lou akhoiyin ahi.

SIMMUN - 2

PAO SAHHO
(PARTS OF SPEECH)

2.1 Thuchengho kimangcha a thu kiseiya ahi. Hiche thuchengho chuń natoh jatchom cheh aneiyu ahi. Anatoh dungjuiyuva thuchengho chu abung abunga kikhenjah ahiuve. Hiche abah bah'a akikhennau hi PAO BAHHO (PArts of Speech) kiti ahi. Grammar themhon Pao Bah hi jat getnin akhenun ahi. Hlchecho chu ban neitah in veuhite.

2.2 Tun, anoiya thugolho ahi.

(a) **Gogou chapang** pha ahi.

(b) Twilong hi **Manipur** a dinga **lui** lengpen ahitai.

(c) Mipa chun **thing lom** khat apui.

(d) Khutjem chu **sana** a kisem ahi.

(e) Kitahna neiho min ajabole.

Achunga thugolhoaa jern khou jepma kisunho hi mi min, mun min., thil min, gam min, gun min ahiuvin, mitna mu thei le thamkhah thei loi aumin, abang mitna mu thei le thamkhah thei lou loi jong aumin ahi. Min khat kiseidohna ahicheh in, Noun ahiuvin ahi.

Hitiachu noun hi mi min, gancha min, thil min, mun min, hina le gun min chule natoh thilbol kihetna tapou chu Noun ahi.

2.3 Abanin anoiya thugolho hi veuhite:

(a) Tunin Hatneo school akai poi, ajehchu ama adampon ahi.

(b) Satrnang, Kaineo chule Lhingcha Kholjanga cheng ahiuve.
Amaho nisehle school ahung kai jiuve.

(c) Goulenin kaipu jah a, "**Keima** tuni ka dam mang poi ati"

Achunga thugolhoa jem khou jepma kisun thuchengho hi noun khela kimang ahicheh ui. (a) Na a 'ama' hi noun 'Hatneo' khel (b) a 'Amaho' hi nounho Satmang, Kaineo chule Lhingcha khel chule (c) a 'Keima' hi Goulen khela kimang ahi.

Hitiahi min khat avel vela thugola akiman khela thucheng phabep kimangchaji ahi. Chutobanga noun khela kimangji thuchengho chu PRONOUN (\Nounkhel) akitin ahi.

Vetsahna dangho :- pang, nangho, amanu, amapa, hiche, khuche, keiho hicheho chule adang dang.

2.4. Anoiya thugolho hi ve kitnu bite

(a) Vanthamjola vanleng alenge.

(b) Pasal chapangho football akichemui.

(c) Amanu khu chapang seingaitah ahi.

(d) Lamlena gariho alhaiye.

Achunga thugolhoa jem khou jepma kisun thuchengho hi Noun ahiloule Pronounhon natoh thilbol aneiyu chule ahinau thudol asei ahi.

Hitia chu Noun ahiloule Pronounho natoh thilbol kihetna thucheng chu VERB akitin ahi.

Vetsahna dangho :- tou, jih, vet, din, ka, lup, don (twi don), sei, mu, sah, sem, chule adang dang.

2.5. Abanin anoiya thugolho hi simmu hitin veuhite (a)

Gandhi mi kitah ahi.

(b) Tunin nisa asa lheh jengin ahi.

(c) Lamlena mi tamtah akijotnuve.

(d) Kum sunga Ollha **adap** pene.

(e) Sehkhothang mi hat ahi.

Achunga thugolhoa jem khouu jepma kisun thuchengho-kitah, asa, tamtah, adap, hat-kitiho hi ama ama toh kinaiya um Noun ahiloule Pronoun Nina le gun aphondoh ahi.

I Iitiachu Noun ahiloule Pronounho Nina le gun phongdoh thucheng chu ADJECTIVE (Gunphong) akitin ahi.

Vetsahna dangho :- hoi, pha, ten, neo, sang, jim, gang, themkhat, lhomcha, thum, sagi, chule adang dang.

2.6. Anoiya thugolho ve kitnu hite

(a) Sahei laivom pah chu ahoi Iheh jengin ahi.

(b) Tehsepu **oltah'in** achen ahi.

(c) Anna **hikhoma** ahung loiloi jenge.

(d) Ka pan nikhatnin cha nivei bou adone.

Achunga thugolhoa jem khou jepma kisun thuchengho-lheh, oltah 'in, hikoma, loiloi, nivei-kitiho hin thugola um Adjective ham, Verb ham chule Adverb mama ham chu hilchet bena apeh ahi. Hitobang thucheng hi ADVERB tin akihen ahi.

Vetsahna dangho :- kikhattah 'in, jingjeng, chehcheh, gangtah 'in, janhi, jing, ningkum, hikom, khukom, chule adang dang.

2.7. Abanin anoiya thugolho hi veuhite

(a) Dokhang **noiyah** mengcha akolle.

(b) Naosen chu indan **sunga** achangin alume.

(c) Numei chapangnu chu anu sih'a atouve.

(d) Keima Helal **toh** ka hung ahi.

(e) Mol **chunga** keh thingphunghô khu asang thei lheh e.

Achunga thugolhoa jem khou jepma kisun thuchengho hi thugola aumnau mun poh dungjuiya grammar a aminnu kisah ahi. English grammar a hitobang thuchengho hi Noun ahiloule Pronoun masanga aum jeh un 'Preposition' akisah in ahi. Hinla hitobang thuchengho hi Thadou paova noun ahiloule Pronoun banna aum jeh'un POSTPOSITION (Abatula Um) akiti jotan ahi.

Vetsahna dangho :- kikah, akon, ah, lah a, panga (in pang), tailou, nunga, ding (ama ding) masanga chule, adang dang.

2.8. Anoiya thugolho hi ve kitnu hite

(a) Thangboi le Haopu golcha phatah ahi lhone.

(b) Brahmaputra, Ganga chule Jamuna India sunga lui lengpen cheh ahitauve.

(c) Arran lekha ahetthei lou **vangin** chapang pha ahi.

(d) Sum ka nei tam poi **hijongle** ka kithopi ding na hi.

Achunga thugolhoa jem khou jepma kisun thuchengho-le, chule, vangin, hijongle-kitiho hin thugol sunga thucheng khat le thucheng chom khat ahiloule thulom

khat le thulom chom dang khat jopmatna pang ahiuve. (a) Na a le' hin thucheng ni 'Thangboi le 'Haopu' ajopmat, (b) na a `chute' hin Brahmaputra, Ganga chute Jamuna ajopmat (c) na a 'vangin thu ni 'Aman lekha ahetthei lou le 'chapang pha ahi' ajopmat chule (d) na a 'hijongle' hin thu ni ma 'sum ka nei tam poi' le 'ka kithopi ding na hi' hi ajopmat kit ahi.

Hitiachu thugol sunga um thucheng khat le thucheng chom dang khat ahiloule thulom khat le thulom chom dang khat jopmatna pangji thucheng chu CONJUNCTION akitin ahi.

2.9. Abanin anoiya thugolho hi ve kitnu bite:

(a) **Ohe!** mijoulhep hatho ada ahiuve.

(b) **He** kate! gut chu alen Iheh jenge.

(c) **Kipa aumsame!** themvetna a na lolhin chu.

(d) **Oh!** tehsepi chu garin asuhkhah hitam!

Achunga thugolho a jem khou jepma kisun thuchengho hin photlot louva kipah leh lunghesoh jeh ham, kidangsah jeh hama lunggel phondohna aneiyu ahi.

Hitiachu kidangsah jeh, lunggim hesoh jeh chute kipah jeh a photlot louva lunggel ngaito phondohna a kimangji thucheng chu INTERJECTION akitin ahi. Vetsahna dangho :- Eh! Sh! Kada! Hey! Akhohna e! Henu! chule adang dang. Tun thugola anatoh dungjuiyu le aumnau munpoh dungjuiyin PAO BAHHo (Parts of Speech) jat 8 aumin ahi. Hicheho chu ahile:

1.	Noun (Min)	2.	Pronoun (Minkhel)
3.	Verb (Tohphong)	4.	Adjective (Gunphong)
J.	Adverb	6.	Postposition
7.	Conjunction	8.	Interjection

KIPATEPNA

1. Pao Bahho (Parts of Speech) ipi ham?
2. Pao Bahho (Parts of Speech) jat ijat umem? Vetsahna nini toh amin cheh in sunin.
3. Noun (min) ipi ham? Vetsahna pen tang hilchenin.
4. Thadou paova iti dana Prepositioni umthei lou ham? Thadou paova ipi kiti am? Vetsahna pen Lang hilchenin.

D. Conjunction ipi ham? Thugolin vetsahna pen- Lang hilchenin.

6. Anoiya thugolhoa um Pronoun (Minkhel) holdoh in:

(i) Jilkungpun keiho English ei hilluve.

(ii) Hichehi amanu pen ahi.

(iii) Hikomhi nangma touna ahipoi.

7. Anoiya thugolhoa urn Verb (Tohphong) holdoh in

(i) Chapangho kichep keihon ka veuvin ahi.

(ii) Homework hin po louse dingun.

(iii) Tunin go ajui.

(iv) Bonghon hampa aketnui.

8. Anoiya thugolhoa um Adjective (Gunphong) holdoh un

(i) Europe miho asang theiyun ahi.

(ii) Hinna lampi ajimrnin alutna alhome.

(iii) Twikulla ngaho chu alen thei lheng jeng tauve.

(iv) Tukum gotwi lhom jeh in koiman lou abol thei tapoi.

9. Anoiya- thugolhoa Adverb holdoh un

(i) Loubol miho niseh 'in louvai akonui.

(ii) Anna hikoma kikhattah 'in ahunge.

(iii) Keiman keipi ka mu kha hih laiye.

(iv) Go ajuhleh vadung chu twi atam chehcheh jenge.

SIMMUN - 3
NOUN JATHO
(KINDS OF NOUN)

3.1. Noun chu rnihem min, ganhing min, thil min, mun min, gun min, natoh thilbol min, Nina le lunggel ngaitoho min ahi chu che tauve.

Anoiya thugolho phaten simmu hitin veuhite

(a) **Subhas Chandra Bose** hi **India lamkai** len khat ana hi.
(b) **Dokhang** hi **thinga** kisem ahi.
(c) **Thingchenpan thingkeh tom** khat ahin pui.
(d) **Khi** chu **sana** a kisem ahi.
(e) **Uicha gancha** chingtah ahi.
(f) **Lentola chapangho akichemui.**

Achunga thugolhoa jem khou jepma kisun thuchengho hi abang mi min, abang gancha min, abang mun min, abang thil min, chule abang ahon min ahi. Amaho hi mitna mu thei le khutna thamkhah thei chule alien agong nei ahicheh ui. Hitobang Nounho hi CONCRETE NOUNS (Alien Agong lien Nounho) akitin ahi.

Vetsahna dangho :- Hethem, naosen, leng, lhang, thingphung, vadung, Imphal, Assam, gut., chini, mipi, ahcha, bongnoi, jonglha boh chute adangdang.

3.2. Abanin anoiya thugolho sim kitnu hite

(a) **Sakhiho** gamlah a bou aumui.
(b) **Chapanghon** go noiyah **ball** apeh ui.
(c) Thing-on chunga **vachaho** agolin atouvui.
(d) Hiche chair hi thinga kisem ahi.
(e) Keithelmanbi khoa hin **in** jagup lam aume.

Achunga thugolhoa thucheng jem khou jepma kisunho-Sakhi, chapangho, ball, vachaho, chair, in- ki tiho hi Concrete Nouns (Alien Agong Um Nounho) ahiuvin, khat, ni, thum tia ajat simthei ahiuve. Hitobanga alien agong um Nounho ajat kisimtheiho chu COUNTABLE NOUN (Ajat Simthei Noun) akitin ahi. Concrete Noun atamjo ajat simthei ahi.

Abanin anoiya thugol) io ve kitnu hite

(a) Masangin sumnongho (coins) dangkathih in bou ana kiseme.

(b) Nupinu chun achanu sana bilba achohpeh e.

(c) Tehsepu hin jingkah sehle **bongnoi adonjie.**

(d) Twi phatchomna hi atam lheh in ahi.

(e) **Changbong** akonin changlhah akisemin ahi.

Achunga thugolhoa jem khou jepma kisun thuchengho-dangkathih, sana, bongnoi, twi, changbong-kitiho hi alim agong um nounho (concrete Noun) ahi nauvin, hinla hicheho hi khat, ni, thum tia ajat simthei ahipouve.

3.3. Anoiya thugolho hi vechil kitnu hite

(a) Vo **thina** nami dena hoi ham?

(b) Pathen **ginna** akonin min **jabolna, haona** chute **hinna** akimui.

(c) Gam sunga **chamna** aumle **kipana** jong aume.

(d) Mipihon lengpa- chunga **kiphinna** aneiyui.

Achunga thugolhoa jem khou jepma kisun thuchengho hi gunmin le natoh thilbol kihehla minho ahiuve. Amaho hi alim agong umlou, mitna muthei hilou chute khutna jong thamkhah thei hilou ahi. Ahinau thudol lunga bou kigeltho ahi.

Hitichun lim le mel chule agong bei, lunga bou ahina dolu gelthei nounho chu ABSTRACT NOUN (Alim Agong limlou Noun) akiti. Vetsahna dangho :- hoina, temna, hetsahna, kitahna, phatna chule adangdang.

Abstract Noun hi adjective le verbma kona kisem ahi. Sap paova Abstrtact Noun kisem dan jat chom chom tamtah aume, hinla Thadou paova vang jat khat seh bou aume. Hichu ahile-Adjective le Verbma 'na' kiti chengnungbe (suffix) hi kikoibea Abstract Noun kisema ahi:

(A) Adjective akona kisemho

Adjective	**Abstract Noun**
chih	chihna
engset/engse	engsetna
hat	hatna
hoi	hoina
hao	haona
hansan	hansanna

kitah	kitahna
khoto	khotona
lolhin	lolhinna
lungtheng	lungthenna
phat	phatna
thaset/thase	thasetna
thohhat	thohhatna
vaicha/vaichat	vaichatna

(B) Verbma kona kisemho

Verb	**Abstract Noun**
got	gotna
guhchat guhchatna	
hetsah	hetsahna
huhhing	huhhingna
jabol	jabolna
kichep	kichepna
kichen	kichenna
kiphin	kiphinna
kilhen	kilhenna
lhatdoh	lhatdonna
lhep	lhepna
ngaidam	ngaidamna
ngailut	ngailutna
suhdih	suhdihna
tao	taona
tilkhou	tilkhouna

Hitobang nounho hi UNCOUNTABLE NOUNS (Ajat Simtheilou Noun) akitin ahi. Vetsahna dangho : - sum-eng, sumsan, aluminium, kerosene, petrol, chini, thih (iron), thing chule adangdang.

3.3. Alim Agong Um Nounho (Concrete Nouns) hi jat li in akikhentel son kitnin ahi. Hicheho chu ahile:

1. Proper Noun (Changval Min) 2. Common Noun (Min Kikop)
3. Collective Noun (Hon Min) 4. Material Noun (Thil Min)

3.4. Anoiya thugolho simr to bite

(a) Mizoram state tolpi chu Aizawl ahi.

(b) Galhang **Tintong** chu Laijang haosapu ana hi.

(c) **Ganga** luipi twi hi **Hinduten** twi thengpenin agelui.

(d) Moivum lab a Everest asangpene.

Achunga thugolhoa jenkhou jepma kisun thuchengho - hi abang mi min, abang kho min le gam min, abang vadung min, abang nam min abang mol min ahi. hlitcng minho hin mi ahijongle khat, kho ahijongle khat, gam min ahijongle khat, nam min ahijongle nam khat min, chule ipi min chu hitajongle khat min bou aseidoh ahi. Het dinga khoh chu ahile Proper Noun jouse chu Jempia (Capital letter) kipan chehji ahi.

Vetsahna dangho :- Kangpokpi, Loktak, Khotinthang, Henglep, Twilang, Nepal, Assam, England, Taj-Mahal, Phallha, Sempatni chule adangdang.

3.5. Anoiya thugolho hi phaten vechil kitnu bite

(a) Tengnoupal hi kho luitah ahi.

(b) **Keipi** hi sa jouse **leng** ahi.

(c) Ama **chapang** pha ahi.

(d) Kum khat sunga ni 365 aume.

(e) **Thingphungho** moh phuh phuh louvin aphai.

Achunga thugolhoa jem khou jepma kisun thuchengho hi igah seileh ama ama jat jouse ahoptha in ahi. Tekahnan (a) na a 'kho' iti teng mun tinna kho jouse akihetna in ahi. Chutobangma a chu 'keipi' 'sa' 'leng' 'chapang' 'ni' chule 'thingphung' kitiho jong ama ama jat jouse kihetna ahicheh ui.

Hitiachu mi kihetna min hihen, thil min hihen chule ipi chu hitajongle min khat chu igah seileh ama jat jouse hoptha thei min ahile hicheho chu COMMON NOUNS (Min Kikop) akitin ahi.

Vetsahna dangho :- Oja, numei, nam, mengcha, bong, table, pen, luidung, khopi, lentol, hampa chute adangdang.

3.6. Abanin anoiya thugolho simmu hitin veuhite:

(a) Nupinu khun malcha **achun chunin** bou ajoh e.

(b) Ka insahte jonglha khu aboh **ahoi** thei lheh e.

(c) Chowkidarpan chabi **lom** lentah khat aki choiye.

(d) **Mipi** kititna munna dumchep phal ahipoi.

Achunga thugolhoa jem khou jepma kisun thuchengho hi noun ahiuvin, ahon kihetna cheh ahiuve. Hitichun mi hihen, gancha hihen chine thil hijongle adang phabep hi akisei teng akilomkhomnau min aumin ahi. Hitobanga akilomnau min chu COLLECTIVE NOUN (Hon Min) akitin ahi.

Vetsahna dangho :- lom (natonga kon khomho), bil. (go bil), janel, lup (loi hon), Vui (khivui) chule adangdang.

3.7. Abanin anoiya thugolho ve kitnu kite.

(a) Twi beiyin mihem akikhosa thei poi.

(b) Touna chu **thinga** kisem ahi.

(c) Momlhun chu **bongnoiya** kisem ahi.

(d) **Dangkathih** sangin sana aman lujoi.

Achunga thugolhoa jem jepma kisun thuchengho-twi, thing, bongnoi, dangkathih, sana kitiho hi nounn ahiuve. Hitobang thilho hi neocha ahiloule themcha khatcha hijongle aminnu akikhel deh poi. Chujongle Niche thilhoa kona hi thil long kisemson thei ahi. Avetsahnan - 'twiya' kona icecream, thinga kona touna le adangdang, bongnoiya kona nehthei ajatjat kisem chule sana akona khi, bilba, khuijem kisem thei ahi.

Hijehchun hitobang nounho hi MATERIAL NOUN akitin ahi.

Vetsahna dangho :- thih, song, neldi, changbong, thao, clam chule adangdang.

KIPATEPNA

1. Concrete Noun. (Alim Agong Um Noun) ipi ham? Vetsahna pen Lang hilchenin.
2. Countable Noun (Ajat Sianthei Noun) ipi ham? Vetsahna phabep pen.
3. Uncountable Noun (Ajat Simtheilou Noun) ipi ham? Vetsahna toh thon hilchenin.
4. Abstract Noun ipi ham? Vetsahna phabep pen.
5. Adjective nga sundoh in lang chule hicheho Abstract Noun jong sunin.

6. Verb nga sundoh in chule hicheho Abstract Noun jong sunin.

7. Concrete Noun jat ijat umem? Vetsahna nini pen.

8. Anoiya thugolhoa kon hin Proper Noun (Changval Min) lhengdoh in:
   (i) Tuni Vahchanni ahi.
   (ii) Tu tua India Prime Minister chu Dr. Manmohan Singh ahi.
   (iii) Phallha sunga nikho 31 aume.
   (iv) London khopi hi Thames luipi panga um ahi.
   (v) Gitanjali lekhabu hi Rabindranath Tagore jih ahi.
   (vi) Taj Mahal hi Agra khopi sunga um ahi.

9. Anoiya thugolhoa kon hin Common Noun lhengdoh in:
   (i) Mumbai hi khopi nomtah ahi.
   (ii) Mi sangin sa anoinungjoi.
   (iii) Ashoka India leng len khat ana hi.
   (iv) Table chunga lekhabu aume.
   (v) Mengchan jucha adelle
   (vi) Gamlengpan meithalla sajuh chu atha ahi.

10. Anoiya aonglaiho a khun akitohpi Collective Noun (Hon Min) sunin:-
   (i) Song _____ khat
   (ii) Bi _____ khat
   (iii) Mot _____ khat
   (iv) Naang _____ khat
   (v) Go _____ khat
   (vi) Ankam _____ khat
   (vii) Sa (sagop) _____ khat
   (viii) Khi _____ khat
   (ix) Loi _____ khat
   (x) Vanmi _____ khat

9. Anoiya thugolho a um Material Nounho lhengdoh in

(i) Gun pangah mihon nel aloh un ahi.

(ii) Dahpi hi sum-enga kisem ahi.

(iii) Bongnoi an pha ahi.

(iv) OIIha leh thinglhang pat akisojin ahi.

(v) Kerosene litre a cheng 20 in akijoh e.

(vi) Tulai cement man atame.

SIMMUN - 4

JATSIM

NUMBER

Pao dang danga number hi jat ni bou cumin, Thadou paova hin vang jat thum aum theiyin ahi. Hichehi Thadou pao hi pao dang sanga ajatchom behna khat ahi. Anoiya thugolho hi phaten veuhite

(a) Ama ache tai.
(b) Ama ni achelhon tai.
(c) Amaho ache tauve.

Achunga kipa vetsahna lah 'a khatna hin mi khatseh bou aphondoh ah. Anina hin mi ni thudol aseidoh jeh in 'lhon' kiti hin ajui ahi. Chule athumna hin mi ni sanga tamjo aphondoh ahi. i-lijehchun' Thadou paova NUMBER (Jatsim) jat thum akimudoh in, hicheho chu ahile

(i) Singular Number (Khat Phong)
(ii) Dual Number (Ni Phong)
(iii) Plural Number (Tam Phong)

Dual Number (Ni Phong) ahi teng subject chu 'lhon' kiti thucheng hin ajui teitei ding ahi. Hinla Nounho Singular Number le Plural Number aum thei bang hin Dual Number hi aum thei dehpon ahi. Thugola subject chu ni ahi tengle bou 'lhon' hi kimangchaji ahi. Thugol ahi tengle bou Dual Number (Ni Phong) um thei ahi.

Thadou paova hin Singular Number akon Plural Number kisem danhi jat tampi aumpon ahi. Jat ni seh bou aum theiye. Hiche teni chu ahileh Singular noun a chu 'ho' ahiloule 'te' kiti chengnungbe (suffix) kikoibea kisem ahi.

(A) Chengnungbe 'ho' kibea plural kisemho:

Singular	**Plural**
mi	Miho
chapang	chapangho
thingphung	thingphungho
vadung	vadungho
bong	bongho

sakol	sakolho
in	inho
sangkhol	sangkholho
kho	khoho
doctor	doctorho

chule adang dangho

(B) Chengnungbe (suffix) 'te' kibea kisemho

Singular	**Plural**
Tu	tute
pu	pute
cha	chate
pa	pate
nu	nute
ni	nite

chule adang dang.

(C) 'ho' hihen 'te' hijongle manthei chehchehna thucheng phabep aumin ahi. Hicheho chu:

Singular	**Plural**
vantil	vantilho, vantilte
seijui	seijuiho, seijuite
chapang	chapangho, chapangte
numei	numeiho, numeite
leng	lengho, lengte
michonse	michonseho, michonsete

chule adang dang.

(D) 'te' le 'ho' kikoi kopma (double plural) kisem thei loi aum kitne. Hicheho chu:

Singular	**Plural**
cha	chateho
pa	pateho
nu	nuteho
ni	niteho
pu	puteho
tu	tuteho

E) Thucheng abangkhat chu ahikitle 'ho' akibele akoudoh achom chule 'te' akibele akoudoh achom hikit acme. Hicheho chu

Singular	Plural
Haosa	Haosaho (alhangpia akho akhoa haosaho kiseina) Haosate (kho khat haosate insung kiseina)
Insahpa	Insahho (Insah lama cheng in phabepho kiseina) Insahte (Insah tah a cheng insung mite kiseina)

chule adang dang jong aume.

(F) Thadou paova Pronounho anòiya tripe bang hin Singular akonin Plural akiseme

Singular	Plural
Kei, keima	keiho
Ei, eima	eiho
Nang, nangma	nangho
Ama, amapa, amanu	amaho
Hiche	hicheho
Khuche	khucheho

(G) Eiho paova hi adjective a konin jong plural akisemin, plural ahiteng Noun ahung hiji tai. Vetsahnaho:

Singular	Plural
Apha	aphaho
Ahat	ahatho
Asang	asangho
Anem	anemho
Ahoi	ahoiho
Athase	athaseho
Asao	asaoho
Aneo	aneoho

chule adang dang.

KIPATEPNA

1. Thadou paova Number (Jatsim) jat ijat umem? Vetsahna toh thon hilchenin.
2. Thadou paova Plural semdan jat ijat urn theiyam? Vetsahna pen Lang Hiichenin.
3. Anoiyaho hi plural pen :
   mol, amapa, pu, ahcha, tongkham, berg, seijui, ni, tu, ei
4. Chengnunbe 'te' kibea plural kisem thucheng nga sundoh in Lang apluralho jong peh than.
5. Anoiya kipe plural numberho akibah louna seiyin
   Haosaho le Haosate, Miphaho le Miphate, Inlhangho le Inlhangte,
6. Ahina a Adjective hija, ahijala 'ho' koibea plural sernthei thucheng nga sundoh in lang a pluralho jong peh than.

SIMMUN - 5
MELLIM
GENDER

5.1. Angaina in grammar a hin Gender (Mellim) kilhekhen dan hi achaanu, pasalnumei Nina dung juiyin aumin ahi. Thadou paova jong Gender (Mellirn) jat li aume.

1. Mihem hihen ganhing hi jongle pasal ahiloule achal kihehia nounho chu Masculine Gender a um ahiuve.
   Vetsahnaho: pa, gang, pu, lengpa, ahchal, vohchal chule adang long.
2. Numei chule anu kihetna nounho chu Feminine Gender a urn ahiuve.
   Vetsahnaho: nu, pi, ahpi, vohpi, chule adang Bang.
3. Achal-anu kihe theilou le umthei lou thil le loho joule chu Neuter Gender a um ahiuve.
   Vetsahnaho: song, twi, table, touna, pen, in, ahsi chule adang Bang.
4. Noun phabep hi Pasal-Numei ania gomkhom ahiloule umkop aumin, hitobang nounho chin Common Gender a um ahiuve.
   Vetsahnaho: gol, melma, naosen, to chule adang long.

5. 2. Masculine akona Feminine sem dan jet chomchom aume. Hicheho chu anoiya bang hin akivetsah e.

(A) Noun bane 'Pa' bee masculine chule 'nu' bee Feminine kisemho:

Masculine	Feminine
Chapa	chanu
Lengpa	lengnu
Tupa	tunu
Golpa	golnu
Inneipa	inneinu
Insahpa	insahnu
Nupapa	nupanu
Thuseipa.	thuseinu

(B) Noun a 'pu' kibea Masculine chule 'pi' kibea Feminine kiselnho:

Masculine	**Feminine**
Inneipu	inneipi
Ojapu	ojapi
Tehsepu	tehsepi
Haosapu	haosapi

(C) Ganchaho adeh'a inna kivahho hi Masculine ahiteng 'chal' akiben chule Feminine ahiteng 'pi; akiben anu-achal akisei khene.

Masculine	**Feminine**
Bongchal	bongpi
Loichal	loipi
Ahchal	ahpi
Uichal	uipi
Vohchal	Vohpi
Selchal	selpi

(D) Gamsaho chule jute vaho yang, amin banuva 'achal' chule 'anu' ahiloule `api' akikoiben achal le anu akisei khene.

Masculine	**Feminine**
Sajuh achal	Sajuh anu/sajuh api
Humpi achal	humpi anu/humpi api
Vompi achal	vompi anu/vompi api
Vaphol achal	vaphol arlu/vaphol api

(E) Noun phabep kit chu ahile Masculine le Feminine a min chom chom aneiyun ahi. Hicheho chu:

Masculine	**Feminine**
Pasal	numei
Pa	nu
Pu	pi
Gang	ni
Gollhang	nungah
Tangpa	lams
Jopa	chunnu
Ngalchang	sagol

KIPATEPNA

1. Gender (Mellim) jat ijat ham? Vetsahna toh thon lang hilchenin.
2. Anoiyaho hi a Feminine Gender pen:
   gang, sopipa, ahchal, humpi achal, kelchal, inneipu, jopa.
3. Anoiyaho hi a Masculine Gender pen:
   tehsepi, kumpinu, lengnu, lams, sagol, langkeh anu, loipi.
4. Common Gender ipi ham? Vetsahna phabep pen lang hilchenin.
5. Neuter Gender ipi ham? Vetsalula pen lang hilchenin.
6. Anoiyaho hi a gender khenin lang alum tumin sunin:
   bepu, gol, chemcha, mitbeh, chanu, gollhang, sajuh achal, numei, song, oja, inneipi, pupa, sagol, ahpachal, luidung.

SIMMUN - 6

PRONOUN JATHO

(KINDS OF PRONOUN)

Noun khela kimang thucheng chu Pronoun ahi ti the tauve. Pronounho hi anoiya banga ajat khen thei ahi.

1. Personal Pronoun
2. Demonstrative Pronoun
3. Reflexive Pronoun
4. Indefinite Pronoun
5. Distributive Pronoun
6. Interrogative Pronoun
7. Relative Pronoun

Tun hicheho hi aban banin ahinau vechillu bite.

1. **Personal Pronoun:**

Grammar a hin mihem jat thum aumin ahi. Hicheho chu ahile:

(A) **First Person (Mihem Akhatna):** Thuseiya pang mi chu First Person (Mihem Akhatna) akitin ahi.

Vetsahna: kei, keima, keiya, keiho, keihoa, eima, eiho, eihoa.

Hetdinga khoh: Thadou pao hi midangte pao toh akibah bona khat kit chu ahile-First Person jat ni ineiyu hi ahi. Hichu- 'keiho' le 'eiho' chine 'keihoa' le 'eihoa' ahi. Akiman dan le akoudoh jong jat chomchom ahi.

Vetsahna: (a) 'Keiho' iti tong ikihoupi mi chu akihoptha poi, hinla 'eiho' iti teng iki houpi mipa/minu jong chu kihoptha ahitai. (b) 'Keiho kho' ka ti teng ka kihoupipa chu kho chom mi ahi ti akihe theiye.

Hinla 'Eiho kho' ka ti teng ka kihoupipa toh kho khatna cheng kahi lhonin ahi.

(B) Second Person (Mihem Anina): Thu kisei ngaiya pang ahiloule thu kiseinapa/nu chu Second Person (Mihem Anina) akitin ahi.

Vetsahnaho: Nang, nangma, nangho, nanga, nangma-a, nanghoa.

(C) Third Person (Mihem Athumna): Thuseiya jong pang lou chine angaiya jong

pang lou, mi khela kimangji Pronoun chu Third Person (Mihem Athumna) akitin ahi.
Vetsahnaho: ama, amapa, amanu, amaho, ama'a, amapa a, amanua, amahoa.

Mihem jat thumho kihetna Pronounho chu PERSONAL PRONOUN akitin ahi.

2. **Demonstrative Pronoun:**

Anoiya thugolho hi veuhite:

(a) **Hichchi** ama lekhabu ahi.

(b) **Hichu** koiya ham?

(c) **Hicheho** hi amaho lekhabu ahi.

Achunga thugolhoa jem khou jepma kisunho hi Pronoun ahiuve. Hitobang Pronoun ho hin mi hihen, thil ima hijongle akomua aphondoh ahi.

Hitiachu mihem hihen chine thil hijongle komua seidoh Pronoun chu DEMONSTRATIVE PRONOUN akitin ahi.

Vetsahnaho: hiche, khuche, hicheho, khucheho, chehi, cheho, chuche, hichu, hitobang, chutobang.

3. **Reflexive Pronoun:**

Anoiya thugolhoa Pronounho veuhite:

(a) Aman **asatah** a ajih ahi.

(b) Keima **kasatah** a ka chea ka gapeh ahi.

(c) Chapangpa chu **ama le ama** kisukha ahi.

(d) Sepaiho chu kihetkhel jeh in **amaho le amaho** akikaptouve.

Achunga thugolhoa jem khou jepma kisunho hi Pronoun ahiuve. Hitobang noun ahiloule Pronoun mama ama asatah kihetna a kimang kit Pronoun chu REFLEXIVE PRONOUN akitin ahi.

Vetsahnaho: Kei le kei, keimatah, kasatah, nang le nang, nangmatah, nasatah, ama le ama, amatah, asatah, amaho le amaho.

4. **Indefinite Pronoun (Kichehlou Pronoun):**

Anoiya thugolho ve kitnu kite:

(a) **Koihi jongle** phat mang nom chanin aman thei ahi.

(b) Kinna hung **jouse** lem ahi.

(c) Hichu **koima** bolmo ahipoi.

(d) **Themkhat** hi jongle pha name.

Achunga thugolhoa jem khou jepma kisunho hi Pronoun ahiuvin, ipi thil chine koi khela kimang ahi akicheh pon ahi.

Hitobanga chu koi khela chine ipi khela kimang ham ti kicheh lou Pronoun chu

INDEFINITE Pronoun (Kichehlou Pronoun) akitin ahi.
Vetsahnaho: aboncha, themcha, adangho, koima, koihi jongle, koitobang

J. Distributive **Pronoun (Khentel Pronoun):**
Abanin anoiya thugolho veuhite:
(a) Na kivetto lou diu, na **changchehuva** class work na bol diu ahi.
(b) **Khat khatnin** hung lutnun.
(c) Nang ni lah a **khat johjoh** na hung thei lhon ahi.

Achunga thugolhoa jem khou jepma kisunho hi Pronoun ahiuve. Hitiahi ahon (atam) chu kikhentella, mihern hihen thil hi jongle khat changcheh a seidoh Pronoun chu DISTRIBUTIVE PRONOUN (Khentel Pronoun) akitin ahi.

6. **Interrogative Pronoun (Thudoh Bol Pronoun):** Anoiya thugolho hi phaten ve kitnu bite:
(a) Tunia **ipi** na bol ding ham?
(b) **Koi koi** hung lhung tauvem?
(c) Ama khu **koi** ham?

Achunga thugolhoa jem khou jepma kisunho ipi, koi koi, koi-kitiho hi Pronoun akin, thudolula a kimang ahiuve. Hitiachu mi le thil khela thudohna a kimangji Pronoun chu Interrogative Pronoun (Thudoh Bol Pronoun) akitin ahi.

Relative Pronoun (Jopmat Pronoun):
Abanin anoiya thugolho hi ve kitnu bite:
(a) Ama khu koi ahi keiman ka he poi.
(b) Nangman ipi na sei chapanghon ahe thei pouve.
(c) Pen teni chu apha gelin hoijoh lhen ding ka he poi.

Achunga thugolhoa jem khouu jepma kisun Pronounho-koi, ipi, hoi joh kitiho 1-.in thugola thu ni jopmatna pang ahiuve. Hitobanga chu thugol khatna thu ni gornkhoma pang Pronoun chu Relative Pronoun (Jopmat Pronoun) akitin ahi.

Het ding: Interrogative le Relative Pronounho hi thucheng kitha khat akin, thugolla akitnan dana bou seikhen thei ahi. Thudohna a akiman teng Interrogative Pronoun hin tin chule thu ni jopmatna a akiman teng Relative Pronoun hi ding ahi.

KIPATEPNA

1. Pronoun jat ijat umem? Vetsahna khat khat toh amincheh in sunin.
2. Person (Mihem) jat ijat umem? Vetsahna pen lang hilchenin.
3. Mihem hilouva thil khat komua Pronoun chu ipi Pronoun kiti am? Vetsahna pen lang hilchenin.
4. Anoiya thugolhoa um Reflexive Pronoun lhengdoh in.
   (a) Mipa chu ama le ama akisamsen ahi.
   (b) Aman a in khu asatah a akisah ahi.
   (c) Koi bola na kigel ham? Nang le nang kibol genthei nahi chula em.
   (d) Khomiho chu amaho le amaho akivotouvin ahi.
5. Indefinite Pronoun (Kichehlou Pronoun) ipi ham ? Vetsahna pen lang hilchenin.
6. Interrogative Pronoun le Relative Pronoun iti kihekhen thei ding ham? Thugolin vetsahna pen lang hilchenin.
7. Anoiya thugolhoa kon hin Pronounho lhendoh in lang ajat minnu sunin.
   (a) Khuche khu amaho in ahi.
   (b) Koi hi jongle ahung non chan hung hen.
   (c) Na min ipi ham?
   (d) Amanu khun nule pa anei poi.
   (e) Hiche lekhabu hi keiya ahi.
   (f) Ama ipi natong ahi ka he poi.
   (g) Koiman ei kithopi hih jongle kasatah a ka bol ding ahi.

SIMMUN - 7

ADJECTIVE JATHO

(KINDS OF ADJECTIVE)

Noun ahiloule Pronounho Nina le gun phongdoh a pang thucheng chu Adjective ahi ti the tauve. Adjective hi anoiyaho banga hi ajat khen thei ahi.

1. Qualitative Adjective (Gun. Phongdoh)
2. Quantitative Adjective (Tam le L hom Phongdoh)
3. Numeral Adjective (Ajatsim le Banneina Phongdoh)
4. Demonstrative Adjective (Komua Phongdoh)
5. Interrogative Adjective (Thudoh Bol Adjective)
6. Distributive Adjective (Khentel Adjective)

1. **Qualitative Adjective:**

Noun ahiloule Pronoun gun le hina do'. phongdoh Adjective chu Qualitative Adjective akitin ahi.

Vetsahnaho: (a) Ama mi hat ahi.
(b) Pahcha khu asan ahi.
(c) Hiche dohna chu shah Iheh e.
(d) Tehsepu khu atahsa ahatmo lheh tai.
(e) Exam na pasit na kipa lou ham?

2. **Quantitative Adjective:**

Thil khat tam le lhom thudol seidoh Adjectiveho chu Quantitative Adjective akitin ahi.

Vetsahnaho: (a) Ngakul sunga twi thernkhat bou aum tai.
(b) Gun panga neldi tamtah aurne.
(c) Amaho nehle shah anengchet nuve
(d) Ibola an lhomcha bou na neh ham?

3. **Numeral Adjective:**

Noun ahiloule Pronoun chungchanga jatsim le banneitah adin munnu seidoh adjective chu NUMERAL ADJECTIVE akitin ahi.

Vetsagnaho: (a) Planet ko aumin ahi.
(b) Half Yearly exam a anichanna in ka pange.

(c) Kum sunga kum kiheichin li aume.
(d) Keiman loile gol ka nei tam poi.

Het ding: Atam le lhom kihetna a kimang thuchengho- lhom, lhomcha, tam, tamtah, themkhat, themcha or them chakhat-kitiho hi amahon aphondoh'u (qualified abolu) noun chu ajat simthei ahile Numeral Adjective hiuvin tin, chule ajat simtheilou ahile Quantitative Adjective hidiu ahi.

Vetsahnaho:

Quantitative Adjective	**Numeral Adjective**
1. Arran twi **themkhat** bou adonjie.	Mol chunga thingphung **themkhat** bou akeh tai.
2. Va panga neldi **tamtah** aume.	Mihem **tamtah** ahung ki jot nut.

4. Demonstrative Adjective:

Akoma um Noun chu komua phongdoh Adjective chu DEMONSTRATIVE ADJECTIVE akitin ahi.

Vetsahnaho:

(a) **Hiche** lekhabu hi koiya ham?
(b) **Hitobang** mi chu tahsan hih in.
(c) **Khuche** in khu ahoi lheh jengin ahi.

Het ding: Simmun masa a chun Demonstrative Pronoun jong thin sim tauvin ahi. Demonstrative Pronoun le Demonstrative Adjective hi thucheng khat mama ahi. Hinla amaho thugola anatoh'u jat chom dungjuiya abangle Pronoun chule abang kitle Adjective hiuva ahi.

Vetsahna:

Demonstrative Pronoun	**Demonstrative Adjective**
1. **Hichehi** keima lekhabu ahi.	**Hiche** lekhabu hi keima a ahi.
2. **Khuche** ama pen ahi.	**Khuche** pen khu ama a ahi.

5. Interrogative Adjective:

Thudoh bolna a kimang Adjective chu INTERROGATIVE ADJECTIVE akitin ahi.

Vetsahnaho:

(a) Hichehi koi lekhabu ham?
(b) Hoichepen building khu nanga ham?
(c) Na dukana itobang thilho na joh ham?

6. Distributive Adjective:

Noun hihen Pronoun hi **jongle** khat changcheh a seikhenna neiya phongdoh a pang adjective chu Distributive Adjective akitin ahi.

Vetsahnaho:

(a) Amaho **achangcheh'un** hikoma ahungui.

(b) Mi **khatkhatnin** hung lutnun.

(c) Keiho ka kho **chehuva** ka kile tauve.

KIPATEPNA

1. Adjective jat ijat umem? Vetsahna khat khat cheh toh sut than.
2. Qualitative Adjective ipi ham? Vetsahna pen lang hilchenin.
3. Demonstrative Pronoun le Demonstrative Adjective iti kihekhen theiyam? Thugol nini pen lang hilchenin.
4. Numeral Adjective ipi ham? Vetsahna pen.

D. Anoiya thugolhoa Adjectiveho hi Quantitative Adjective ham ahiloule Numeral Adjective ham?

(a) Vanthamjola vacha tamtah alengui.

(b) Nilhah an lhomcha neh aphai.

(c) Chuh laileh vadungho ah twi atam thei lheh in ahi.

(d) Chang themkhat bou ka nei tauve.

6. Interrogative Adjective ipi ham? Vetsahna pen.
7. Anoiya thugolha a hin Adjective holdoh in lang ipi Adjective hija ham sunin.

(a) Twi lhom don apha poi.

(b) Aman bongnoi abonin adon chaff tai.

(c) Ka khosunguvah nungah hoi atame.

(d) Hiche haitheiho hi koi hin poh ham?

(e) Kum sunga iha somleni aume. Amasapen chu Tolbol ahi.

(f) Lentola mi tamtah ahung khomui.

(g) Ama sum anengchet jengin ahi.

(h) Hoichepen vaipho khu nanga ham?

(i) Ami tinin ama ama kincheh akitoh ding ahi.

(j) Gandhi mi lungtheng ahi.

SIMMUN - 8
VERB JATHO
(KINDS OF VERB)

8.1. Natoh thilbol kihetna thuchengho chu Verb ahi ti simmun masa lama chun isei tauve. Tun Verb hi ijat umem ti veuhite.

Anoiya thugolho hi simmu hitin phaten vechillu hite.

I. Chapangho touna ah **atouvui**.
II. Lamlena gariho **alhaiyui**.
III. Arran lekhathot **asune**.
IV. Amahon in **asauve**.

Achunga thugolhoa jem khou jepma kisun thuchengho hi Verb ahiuve. Thugol masa tenia verbho - 'atouvui' le 'alhaiyun' hin koi ahiloule ipi natoh thilbol anei lhon ham, tia akidohle ima donbutna aum thei poi. Abana teni °asune' le 'asauve' thudola, ipi kisunna ham? itile 'lekhathot' kisunna ahi, ti donbutna hi akimui, abanin'asauve' ti thua jong 'ipi ham akisa ahiloule ipi ham asah' u? tia thudoh isemle 'in' kiti donbutna akimu kitne. Hichea donbutria kimu thucheng chu verbma dinga. Object kiti ahi. Object hithei thucheng chu Pao Bahho lah a Noun ahiloule Pronoun hi ja ahi.

Tun ihin vetchilluva itnudoh dungjuiyun Verb hi alhangpia jat nia khen thei ahi. Hiche teni chu ahile:

1. Transitive Verb chule
2. Intransitive Verb.

8.2. Transitive Verb:

Object nei verbho chu Transitive Verb akitin ahi.

Vetsahnaho:

i. Gamiengpan sajuh chal khat chin **kapme**.

Verb 'akapme' akona thudoh, Ipi ham akap,/Ipi ham akikap? idle, adonbutna chu 'sajuh chal' ahi. Hitiachu thucheng 'sajuh' chu verb 'akapme' dinga a object ahi.

ii. Pasal chapanghon gul khat **athatnui**. Ipi ham akithat? Donbutna: gul hiche thucheng 'gul' hi verb 'athatnui' dinga a object ahi.

iii. Louvathon thingphung lentah khat **aphuh** ui. Ipi ham akiphuh/aphuh u?

Donbutna: Thingphung. Hichehi verb 'aphuh ui' dinga a object ahi kitne.

8.3 Intransitive Verb:

Object nei lou verb tapou chu INTRANSITIVE akitin ahi.

Vetsahnaho:

(a) Huilhi dap jin jenin **anunge**.
(b) Naosen chu **akap kap** jenge.
(c) Janhin Phaiya ka **chei**.
(d) Chapangho tounaho chunga **adingui**.

Achunga thugolhoa jern khou jepma kisun thuchengho hi verb ahiuve. Hitobang verbho hin object anei pouve. Hi jeh achu hiche tobang verb joule chu Intransitive Verb ahiuve.

Het ding: Thugol kisemna akin. Verb khat beh apang teiji in ahi. Verb pang louvin thugol akisem thei poi. Thugol chu chomchakhat ahiloule thucheng khatsehseh jong hithei ahi.

Vetsahnaho: Chen/Cheuvin. (Nang chen/Nangho cheuvin/tina ahi) Dingin/ Dinguvin. (Hang dingin/\?angho dinguvin tina ahi) Khongaiyin/khongaiyuvin.

Ven/Veuvin, chine adang dang.

Hitobang thugola hi subject 'Hang' alliloule 'Nangho' chu lungthima hetsa a kikoi ahi. Hitobang thugol hi thucheng khatna kisern thugol akitin ahi. Hinla verb joule hitia kisem thei deh ahipoi.

KIPATEPNA

1. Transitive Verb ipi ham? Vetsahnaho pen Lang hilchenin.
2. Intransitive Verb ipi ham? Vetsahna pen lang hilchenin.
3. Itobang Pao Bahho chu verb dinga a object a pang thei ham? Vetsahna pen.
4. Thucheng khatna kisem thugol ipi ham? Vetsahna pen.
5. Anoiya thugolhoa 'Subject, Object chine Verb' holdoh in:
   (i) Driverpan gari atone.
   (ii) Nungahnun pon tamtah asopme.
   (iii) Nupinun achanu adenge.
   (iv) Keihon nilhah chachale bou T.V ka veuve.

6. Anoiya thugolhoa Transitive Verb le Intransitive verb lhengdoh in:

(i) Thingthembolpan nikhatna chair nini asem jouve.

(ii) Solama nisa asoh e.

(iii) Amahon an aneh petnu ahi.

(iv) Numei chapangnu khun twi bel khat apoi.

(v) Khovah thenthenle ahchal akhong teiyi e.

(vi) Naosen chu nomtahin a-ihmui.

SIMMUN - 9

ADVERB JATHO

(KINDS OF ADVERB)

9.1 Verbho thilbol natoh dan, aphat le amun phongdoh chute adjective le Adverb mama hilchet bea pangji thucheng chu Adverb ahi ti ihin sim tauve.

(a) 'Verbho' natoh thilbol dan, aphat le amun Adverbmin aphondoh dan:

(i) Tehsepun tenggol akiphun **oltah'in** achei.

(ii) **Hikoma** hin eina ngah in.

(iii) Ama ka khouva ahung **loiloi** jengin ahi.

Achunga thugolhoa jem khou jepma kisunho hi Adverb ahiuvin. Verb natoh thilbol dan chule aphat le amun aphondoh'u ahi.

(b) Adverbmin adjective hilchetbena asem dan (meaning apehbe dan:

(i) Nungahnu chu ahoi **lheh** jengin ahi.

(ii) Kengkoh chu kei dingin aneo **behseh** in ahi.

(iii) Vanleng khu aleng sang **chehcheh jenge.**

Achunga thugolhoa jem khou jepma kisunho hi Adverb ahiuvin, ama ama masanga um Adjective chu ahilchet (meaning apehbe) ahi.

(c) Adverbmin adverb chom dang khat ahilchetbe (meaning apehbe) dan:

(i) Tun vang kho chu anai **lheh** tai

(ii) Twilong agamla **behseh** in kilena phah ahipoi.

Achunga thugol tenia jem khou jepma kisun (i) a 'lheh' tun Adverb chom 'anai' umje hi aseidohbe (meaning apehbe) ahi. Chutobangma a chu (ii) na a Adverb 'behseh' hin Adverb chom 'agamla' chu meaning apehbe kit ahi.

9.2. Adverb hi anoiya kipe banga hi ajat khen thei ahi.

1. Adverb of Time (Phat Phongdoh Adverb)
2. Adverb of Place (Mun Phongdoh Adverb)
3. Adverb of Manner (Natoh Thilboldan Phongdoh Adverb)
4. Adverb of Degree (Adjective le Adverb chom umdan Phongdoh)
5. Adverb of Frequency (Thilsoh kikhat le kikhat loudan Phongdoh)
6. Interrogative Adverb (Thudoh Bol Adverb)

Tun aban banin hiche Adverb jatho umjedan vechillu hite.

1. **Adverb of Time (Phat Phongdoh Adverb):** Thugola verb natoh le thilbol ahiloule thilsoh khat phat phongdoh a pang Adverb chu ADVERB OF TIME (Phat phongdoh Adverb) akitin ahi.

Vetsahnaho:

(a) Keima nisekzle schoola ka chei.
(b) Ningkumin gotwi atame.
(c) Janle bou lha avah jin ahi.

2. **Adverb of Place (Mun Phongdoh Adverb):** Thugola verb khat natoh thilbohla mun chine thilsona mun phongdoh Adverb chu ADVERB OF PLACE (Mun Phongdoh Adverb) akitin ahi.

Vetsahnaho:

(a) Keiho **hikoma** um ka hiuve.
(b) Ama **pama** apotdoh e.
(c) Hitobang thil hi **amuntinna** kimu ahipoi.

3. **Adverb of Manner (Thilso Umchandan phongdoh Adverb):** Verbho natoh thilbol chine thilsoh umjedol phongdoh adverb chu ADVERB OF MANNER akitin ahi. **Vetsahnaho:**

(a) Gari **hattah** in alhaiye.
(b) Amahon **kipahtahin** la asauve.
(c) Tehsehon **oltahin** lam ajot jiuve.

4. **Adverb of Degree (Adverb):** Adjective le Adverb mama chu ichangei ham khatna ahina dolu (a degree) seidoh Adverb chu ADVERB OF DEGREE akitin ahi.

Vetsahnaho:

(a) Tuni yang adap **mong mongin** ahi.
(b) Twi chu avot **behseh** in ka dome ka ha anai.
(c) Amaho ahung lhung gei **val** tauve.
(d) Amanu khu ahoi **lheh** jengin ahi.

5. **Adverb of Frequency (Thilsoh kikhatle kikhatlou phongdoh Adverb):** Verb natoh le thilbol chine thilsoh khat chin ichangeiya kikhatna soh a ham ah Joule aso ngunjedan phongdoh Adverb chu ADVERB OF FREQUENCY akitin ahi.

Vetsahnaho:

(a) Hikoma hin ama ahung **loiloi** jengin ahi.
(b) Lhepna a ilhah louna dinguva itao **jingjeng** dingu ahi.
(c) Ni khahla cha **nivei** bou ka done.
(d) Khatveiya na Iosaple lolhinna dingin **avel vellin** bolin.

6. **Interrogative Adverb (Thudoh Bol Adverb):** Thudohna a kimangchaji Adverbho chu Interrogative Adverb akitin ahi.

Vetsahnaho:

(a) Ijeh a amaho hung lou hiuvem?

(b) Itihle na hung kite ding ham?

(c) Hoiya kona na hung ham?

(d) Hichu iti bolding ham?

KIPATEPNA

1. Adverb jat ijat umem? Vetsahna khat khat toh amincheh in sunin.
2. Adverb of Time (Phat Phongdoh Adverb) ipi ham? Vetsahna phabep pen Lang hilchenin.
3. Adverb of Manner (Natoh Thilboldan Phongdoh Adverb) ipi ham? Vetsahna phabep pen.
4. Anoiya kisun Adjectiveho akon hin Adverb of Manner semin:- kino, nemheo, pha, ging, thanom.

D. Adverb of Frequency ipi ham? Vetsahna phabep toh pehthan.

6. Anoiya thugolho a hin Adverb holdoh in lang ajat minnu sunin.

(a) Jingle Phaiya ka the ding ahi.

(b) Itihle exam kipan ding hitam?

(c) Hoikom hi jongle tou jeng thei ahi.

(d) Birth day thilpeh nei peh chu ka kipa mama jenge.

(e) Delhi ah thumvei ka the tai.

(f) Tukum hoilaiya khoppi urn ding ham?

(g) Touna nern chunga chun nomtahin touvo.

(h) Pathenin amuntin hi alosoh ahi.

(i) Dohnaho chu ahah behseh jenge.

(j) Ama hula ahungdoh jep jep poi.

SIMMUN -10
PHAT (TENSE)

10.1 Grammar a Phat lu jat thumin aki khene. Hicheho chu:

1. Tu Phat (Present Tense)
2. Achesa Phat (Past Tense)
3. Khonung Phat (Future Tense)

English le Hindi paoho tabanga his hiche Phat thumho hi jat lili in akihom khenson kitnin, thugol jong kichehtah in jatchom cheh in kihouna pao le lekha sutra in abih abihchan akimangin ahi. Hinla Thadou paova yang chutobang tah a seikhen le jihkhen ahah sai chule kihouna le lekha suhlan jong akimang khen behseh poi. Ajehchu eiho paova Tu Phat le Achesa Phatna natoh thilbolho chute thuso lasohho kisei danhi kikhe behseh lou ahi. Hijongle ipaovu umdan le chedan dungjuiyin Phat thumho chu vetsahna phabep mangchan hilchetna neiyu hite.

10.2. **Tu Phat (Present Tense):** Tu Phat (Present Tense) hi to to phatna natoh thilbolho chule thilsohho seina a kimangcha ahi. Natoh thilbol chule thilsohchu akichaisa ahi jongle akichaina sot lou, akichai til ahiloule akichai panpan bep hi ding ahi.

Vetsahnaho:

(i) Chapangho lentola **akichemui/akichemuve.**
(ii) Chapangho lentola **akichep petnu** ahi.
(iii) Amahon an arch **laitah** u ahi.
(iv) Ama tutah chun **ache tai.**
(v) Chapangho **akichem chai tauve.** (Akichep chainau sotloulai)
(vi) Chapangho **akichem jing nalaiyuve.**

10. 3. **Achesa Phat (Past Tense):** Achesa phatna akichaisa natoh thilbol chule thilsohho seina a Past Tense hi kimang ahi. Thadou paova Achesa Phat kihetna pen chu ahile 'na' kiti thucheng akiman hi ahi. Hiche jong hi Mihem (Person) dungjuiya akiman khompi aumin ahi.

Vetsahna:

(a) Subject chu Mihern Akhat na (First Person) ahile 'ka+na' hintin.
(b) Subject chu Mihem Anina (Second Person) ahile 'na+na' hi ding ahi.
(c) Subject chu Mihem Athumna (Third Person) ahile 'a+na' hi ding ahi.

Tun thugolin akiman dan chu vetsah uhite:

(i) Kum som masanga chu keima tllinglhanga **kana chen** ahi.

(ii) Kum som masanga chu keiho thinglhanga **kana chengui.**

(iii) Kumsom masangin nangma thinglhanga **nana chengin** ahi.

(iv) Kum som masangin nangho thi.nglhanga **nana chengun** ahi.

(v) Ama kumm som masangin ihinglhanga **ana chenge.**

(vi) Kum som masangin amaho thinglhanga **ana chenguve.**

Hinla Achesa Phat joule thilsohho seinan 'na' hi akimang dehpon ahi.

Vetsahna:

(i) Ningkumin ka pa **abei tai** (athi tai).

(ii) Janhin Phaiyah **ka chei.**

(iii) Hapta masa chun Manipur a India Prime Ministerpa **ahunge.**

Hijehchun achesa phatho kihetna Adverbho janhi, janhi nilhah, hapta masa, Iha masa, ningkum, kum masa, ni thum masang, lhani masang, kum 1996 in, 2005 kumin chule atobang thucheng dangho jeh'a thugola verb tense Achesa Phat (Past Tense) ahi kihe thei ahi. Achesa Phatna thilsoh ahi jeh a verb Iim chu pao dangho banga atumbeh umlou chine kikhel lele lou ahi,

Achesa Phatna (Past Tense) thuche dan le verb um dan thugolin vetsah unite.

(i) Janhi nilhah in ama hikoma **ahunge (ana hunge).**

(ii) Ningkum sung chun keima Delhia **ka ume/kana ume.**

(iii) Janhia ama ka koma ahung chun keiman hoiula na kana **ton pet** ahi.

(iv) Ama Niche schoola hi kum 1974 a patna 1985 char mi hilly **ana pang** ahi.

10.4. Khonung Phat (Future Tense): Ahung Ihung ding phatna natoh thilbol chine kimanchahna ding kiseina chu Khonung Phat (Future Tense) a um ahi. Future Tense kihetna chu thugola 'ding' ahiloule 'diu' kiti thucheng khat joh joh kimangcha ding ahi. Thugola subject: chu plural ahile bou 'diu' hi man ding ahi.

Vetsahnaho:

(i) Jingle Phaiya **ka the ding ahi.**

(ii) Hapta kitle keiho school ka **kai pan diu ahitai.**

(iii.). Tu phatna hi amahon na **atoh petnu hi ding ahi.**

(iv) Tulai khang umdan hi phat chomkhat hitia hi **hung che jompeh ding ahi.**.

KIPATEPNA

1. Phat (Tense) hi jat-ijat umem? Amincheh in sunin.
2. Tu Phat (Present Tense) ipi ham? Thugolin vetsah na phabep pen.
3. Achesa Phatna thilsoh kiwi ahi iti lobe thei ding ham?
4. Thu kiwi khat chu Future Terase a kiwi ahi iti kihe ding ham?
5. Anoiya thugolhoa anoi ki jih verbho hi ipipi Phat hiuvem?
   (i) Amanlekha asim pet ahi.
   (ii) Jingle keiho lensepma ka the dingo alu.
   (iii) Aman Guwahati ah kum li sung lekha ana situme.
   (iv) jahi nilhah a ama ka cheu chun amen TV ana vetpet ahi.
   (v) Jing to phatle ka pa in hung lhung ding ahitai.
   (vi) Tutah chun bus ache tai.
   (vii) Kangpokpi a ka chen masangun keiho Lamka a kana cheng
   (viii) Lha mesa chun ama khatvei Delhia achei.
   (ix) Na hung vah Joule kana dalhah ding nahi tai.
   (x) Tupetna hi ama akisil laitah ahi.

Simmun -11
LEKHATHOT JIHDAN
(Letter writing)

THUMAKAI

LEKHATHOT IPI HAM ? Naki muto pi nom khat naki mupi theilou ahilou le naki houlim pi theilou tong i nalo ji em? nasei nom jouse lekha jemma najih jin ahi. Hito bang lekha jemma kijih/kisun kihoulim nachu lekhathot akitin ahi. Lekha thot hi thuthot pole in apange. Hijeh shun lekhathot sutthem/jihthem angaije.

LEKHATHOT LUTDAN L:ungchangho lekhathot na akimuton akihoulim jin ahi. Lekhathot na ngailut tah in ahiloule na insung mi kholgam la a umkhat in nahin thot tong nakipa jilou ham? Lekhathot homle pole a pang jeng jong akilamto in aki galdot jingo. Hijeh chun mijousen lekhathot angailun ahi. Ahile lekhathot ngeitah le simnom umtah ai jihthei dinghi thanop umlou ham?

LEKHATHOT JATHO

Lekhathot kiti mong mong hi ajat atammin hinla alhangpi in jatthum in bou akihom khenne.

1. Lannai lekhathot (Personal letter)
2. Sumkolvei na 1ek11athot (Business/Commercial letter)
3. Sorkar lekhathot (Official letter)

Achunga kitah lang lekhathot hohi jat chom chom ahi bangin asutdan le amel jong jat chom chom ahi.

Tun lannai lekhathot, surnkolveina lekhathot le Sorkar lekhathot amelcheh le akisut ding dan leh avetsah na aban ban nin veo hite.

Agei / Among	1. CHANGVAL LEKHATHOT AMEL: i) Thubul a) Amun ..... b) Nisim ..... 20..... ii) Salam bolna (Kangailut .....) (iii) A thupi ..... iv) Achaina (Na ngailut .....) v) Soi / min

Link Road,
Tuibong Dist. Hqs.
Churachandpur
22nd May, 2007

Golnu Nengboi,

Tahsa dama naum jing ding kakineme. Kei jong tupetnin Pathen lungsetna vangin damin kaume. Ikimuto lou nau asot thim tan, khatvei beh kimuto le hen kanom lheh e. Phat ong nanei leh keiho in lama khatvei beh hungin. Kei hung ding katha anop vangin kumlhun themvetna anaitah jeh in lekha kahasim lou akhoh jeh in kahung doh vah thei lou ahi. Chaitange damsel tan.

Na golnu,
Nengkhotinhoi

2. SUMKOL VEINA LEKHATHOT (BUSINESS LETTER)

VETSAH NA:

Nghulhao Theological Seminary
Motbung, Manipur
Nisim 18th Bulte, 2009

To,

Manager,
KBC Book Room,
Church Road, Deulahland,
Opp. D.M. College,
Imphal, Manipur - 795001

Pi/Pu,

Ngulhao Theological Seminary um Jilkung leh Simlai ho manchah dingin noija kitahlang lekha bu hohi agangthei penna neihin thot dingin kahin temmin ahi. Lekhabu manho jong kahin thot tha in ahi.

i) Holy Bible (King James Version) bu somnga (50)
ii) Matthew's Henry Commentary bu som (10)
iii) Lathahbu bu somni (20)
iv) Houbungla bu somni (20)
v) Thulhunthah Bible (New Testament) bu somthum (30)

Kaki pah'e

(Rev. Thang)
Principal,
Ngulhao Theological Seminary,
Motbung, Sadar Hills

3. SORKAR LEKHATHOT (OFFICIAL LETTER)

VETSAH NA:

(Public Work Department leh College Principal kikah a lekhathot)

From;
Shri. A. Madhusana Singh
Executive Engineer, P.W.D.
Government of Manipur.

To,
The Principal,
Damdei Christian College,
Kanglatongbi, Manipur
Nisim Tolbol, 15th 2009

Pu,

Na lekhathot No. 22/IC/B/08 nisim 10, Tolbol 2009 dungjui a College leh Hostel semphat ding chu ahung lhung ding Lhakao nisim 10, 2009 nileh natoh kipan ding ahitai tia kahin hetsah ahi. Chule natoh hi lhani sunga chai theng dingin tohgon akichai tai.

Yours faithfully,

(A. Madhusana Singh)
Executive Engineer, PWD

KIPATEPNA

NOIJA THUDOH HOHI DONBUTNA PEN

1. Lekhathot ipi tina ham ?..Lekhathot 1-u alhangpia jat ijatna kihom khen em ?

2. Lekhathot jat chom chom ho chu ipi pi ham ?.

3. Lekhathot jih phat teng suhbulhit ding dan(point) ho chu ipi pi ham ?.

4. Kihetto/kijalunat na jat chom chom.umjoilgle abulhing pen, chu ipi ham ?.

5. Nagolnu ngaitah Miss. Chongneo St. Mary School, Shillong'a Class-X simlai komma, HSLC exam napasit teng, nangjong nagakai nomna thu gahhetsah din lekhathot sunnin.

   Nangma min, Miss. Lhingboi, Class - X, Children's Training School, Langol Imphal

6. Director, Arts and Culture, Govt. of Manipur komma nangma Youth Club Cultural von (Uniform) choh na ding'in kithopi na sum thum ding'in lekhathot sunnin.

   Nangma min, Mr. Mangboi, General Secy. Lhangkichoi Youth Club.

7. District Employment Officer, Churachandpur komma Office Avt.No.2(i)/DEO/CCpur/07. dt. 22/3/07, noija LDC vacancy post kilah na ding'a nangma jong jao ding'in nangma hina (Bio-data) lhingset in lekhathot sunnin.

8. Khosung'a Youth Club memberho jouse heng'a dt. 2nd Oct. 2007 nileh khosung suhthengna (Social Service) neiding'in hetsahna khat sodoh in.

   Nangma, Mr. Seipu, General Secretary, Khohui Youth Club.

SIMMUN 25

THUCHIN JIHDAN
(Essay Writing)

Thupi khat ahiloule t11i1 khat thudol bulhing tah le hetchet thei dinga kijih chu THUCHIN tin akihei. Thuchin hi thulom (paragraph) sangin asao tei jie chule thulom ijat hamm khat in akikhen jin ahi. Thuchin dihtah le themtah a jih theina dingin anoiya point hohi het ding angaiye.

1. Jih dinga kipe thupi pen chu amasa pena hetchet ding ahi.
2. Point ho amasa le anukhah ding gontoh masah ding ahi.
3. Athu dung juiya thulom (paragraph) semtoh ding ahi.
4. Akicheh thei le het bailam thei pena jih ding ahi.
5. Apatna le achaina thupi kipe toh kitoh a jih ding ahi.

Thuchin (essay) hi jat Ii in akihom khen theiye.

(i) Thusim seidan lam (Narrative essay),
(ii) Lunggel themna lam (Reflective essay),
(iii) Thuhil chetna lam (Descriptive essay), chule
(iv) Lung suhto thepna lam (Imaginative essay) ahiuve.

I. THUSIM SEIDAN THUCHIN (Narrative Essay)

Phat chesa a thilsoh khat ahilou leh thusim khat chanchin jih chu thusim seidan thuchin (Narrative Essay) tin akihe'e. Hiche hin, phat chesa a ina tokhah ho thusim khanglui lai a mihat ho ahilou leh long leh lalho thusim chinch adang dang ho ahop'e.

VETSAIINA
PHAT MAN THEM DAN

Phat mann them hi mihema dinga thil mantarn pen ahi. Neile you ideidei choh thei akin, phat yang akicho theipoi. Phat khat imansah ji tengle akinung mukit thei tapoi. Mi khat chu itobang miham ihet nomle aphat ong manchah damn akihe theiye. Aphat neiho apha lama mangcha thei mi chu miching ahi.

Tukhanga miten toh ding ahao laitah a aphat neisun ihmutna, kholai noplena le kimoh cllepna a mang jing mi chu milungthim bei ahi. Phat ong inei chu kicholdo na ding ahinai. Ahin mohtou, mohlup le imacha bollou beh a um chu kicholdo dihtah ahipoi. Lungthim kipana dingle midangho lunglhai theina dinga 'phat ongho man thei chu kicholdo dihtah ahi. Thil phachom dinga aphat ong mangcha jing michun thil thah thah hetbe hale lamdohna anei theiyin, ima bollouva mi seisetna, kholai noplenna le imutna jenga mangho chun agol hung apha jou pouve.

Mi jouse phat ong man dan akibang soh poi. Lekha pha pha sienna, invel suhthengna le pahcha le honlei imathem bolna aphat ong manchah chu apha pen khat ahi.

II. LUNGGEL THEMNA THUCHIN (Reflective essay):

Alien gongso neilou lungthim ngaito ahiloule lungsuhtoa kona kijih chu Lunggel themna thuchin (reflective essay) tin akihei. Hansanna, thutah, umchan, insungthu, sumkolvei, themjil, chamlhat le hitobanghi ahopme. Lunggel them Thuchin hohi Paojui (grammar) abang khatna Hilchetna Thuchih (Expository essay) toh achom chomin khen jong leh akibanga lah khom thei ahi.

VETSAHNA

CHAPANG SEMPHAT

Chapang khat seen kiti hi anu of sunga kipan ahitai. Anun a oisunga ahinvopma pat anu hinkho mandan chun asunga naosen chu shin tohkhah pan ahitai. Hijeh chun iti hinkho aman ham, lunghang jing ham, lekhabu phalou jeng asim ham, nehle chah lhasam anche maimaiya me hon, dumjel chep chule judon ham, hitiho jouse hin asunga chapang kisem jinglai hinkho chu asuhset pat thei ahitai. Anun lekha asim jongle Bible le Pathen thu dang dangho asim jing aphai. Doctor to thuhilna banga lou le ai jong aphat dung juija aneh jing angaiye.

Naosen hi ahung kijil tits pat anutoh thajung kikop ahitan anun avop laiya hinkho phalou amanle anao jong amelkeng [illegible] chute louchalna lungthim jong ahinput thei ahi. Ahin anu tahsa [illegible] lungthim kipah jinga hinkho aman theiya ahile naosen chu hung melpha a damtheiya chapang phatah soh thei ahi. Hijeh chun numei naovop lai leh skiver phat angaiyin chute aji leh a insungmi ten jong phatah a akithopi diu angaiye. Chapangho apaothei masanga patna senate ama ana kihilji ahitann ase apha jong phachompi ana kihetji ahitai. Hijeh chun ahung pao theiya Patna thupha tichu, kipathu sei le thupha choidan jong hit ding ahitai. Pathen

thu Bible chang abailam hetbai thei dingho jong of ola hilpat ding ahitai. Chapang chun totle tah jong ahetkhen loulai jeh chun thutah jenga houpi ding ahi.

Chapang chu tijatna thei thuhomkeo thilha sangah le bompo tihoa lhep louhel ding ahi. Lunghan mana polama sotdoh a kot khakhum kitiho le lungphul mana ina kona nodoh tiho jong bollou ding ahi. Thudang kh.atna lunghan mana chate chunga mohchuh ti jong thil phalou tah ahi. Mihemin hinkho khatna ahetdoh 1.00 lah a 80 hi kum nga sunga kihil chai theiya adang 20 hi alet nunga kihilna ahi tin Psychologist hon aseiyuve. Chuti ahileh aneolaiya hi nasa.tah a thuhilna le khoukhah na nei ngai ahitai.

III. HILCHET THUJIH (Descriptive Essay)

Thilkhat ahiloule mun khat ahina bang tah aumdan ho hilchetna chu'HILCHET THUJIH' tin akihei. Hiche hi thingphung, khopi, gam, inlelou chule insa hihen gamsa hi le hitobang adang dangho hilchet nan akimangin ahi.

VETSAHNA IN AIDS

Hiche AIDS natna hi mihemte chunga natna Cancer sanga nasa le gimneiya ihet nu chu ahi. Tuni Ghana WHO (World Health Organisation) in ajen dam na ding lou amudoh joulou lai ahi. AIDS in akoudoh chu A=Acquired (kilamdoh) I=Immuno (Natna daljou) D=Difficiency (Lhasam) S=Syndrome (Hetdoh theiya sohdoh). Hiche natna hin mihem thisan lah a achuh teng of olla thisan akin suhsetna clzuteng natna ipi 'zijongle arnatkhah penpen chu jendam thei louva umji ahitai. Ajeh pen chu ahile, name ho verzgbitna pang thisanho chu abanbanna athagamji ahi. Hiche natra neikha mi chu alhangpi in kum 5 - 15 chap bou ahing jou uve. Adamloupa hinkho hi ama chungaa thisarz ho hatle hatlou chine neh le chah umdan in jong akingam thouvin ahi..

AIDS natna kilahto na thei ho chu:

1). AIDS nahla neiho thisan kilah khah na
2). AIDS natna nei mi toh pupa hinkhoa kitimatna 3).
AIDS natna nei mihon amanchah syringe kikoppi 4).
AIDS natna nei numei sunga naosen
5). AIDS natna neiho naonoi chop sah

Hiche natna neiho hi thisan vetchil masanga jong het thei na chini tichu Major signs le Minor signs tin akihei.

Major sign ho chu :
- Lakhat valjen khosihsih jeng
- atahsa gihna jong 100 lah a 10 lhakhat sungin a kem jouve

Minor sign ho chu
- lhakhat valjen khukhu jeng,
- tahsa pumpi thahsa a kikhotkhot jeng,
- tichung abehbeh a dul / patlha,
- kamsungle lolsung na jing
- khutle keng thajung natna tiho ahi.

Hiche AIDS nat-va hi tuni chana adam theina ding lou rnudoh ahilou tai jeh in, hitobang setna hoa a kona kivendoh hi lou phapen tah ahijenge, Hijeh chun Lithe nat-a a konaa hoidoh theinaa dings phapen chu achunga kiwi kilahto nathei joule chu bollou jeng ding chu ahi. Adam theina umlou natna ahivangin, nelikhom donkhom, chibai, kichep khom le thoukang pea konin vang akilason thei hihnai.

IV. LUNGSUHTO THUCHIN (Imaginative Essay) :

VETSAIINA
CHIEF MINISTER HILENG

Manipur State a keima Chief Minister hileng thudih le thutah a vai kahom ding alai. Gam songs Pathen ginga, thudih a natong alhom tah jeh in gair'sung khantou machalna lama alhasarn Iheh tan, govt office hon nehguh chahguh kibol loom mtan sum tapon ahi. Hijeh chun, hitia chondih loo va natongho akiman dohho chu dan dung juiya achunga niaipha vetna umlouva thu katan ding ahi,

Chief Minister hileng, Minister katoh khompi joust jong koima thudih louva le lepthollaa kichem umthei pontin, gamsung le mipi sanga ama chang kigel khohna natoh jong umsah ponge. Gamsunga boina thu aso tengle sih-nei lang neina bei hella dan dung juiyaa thutanna chelhan tin, lou bolmi le alhasamho jong kimusitna le sot nemna jong umsah chom ponge. Chule Solkar office ho (kalot) ho jong kivelha jing intro, dan dung juile thutah a na atoh nah uvern tia. vetchilna kanei jing ding ahi. Chukitle thinglhangmi to dings central solkar in panpina sumlepai (fund) akin pehho jong alhing keikeiya katohdoh sah ding ahi.

Themiilna lama school le institution dang dang jong kihatsah intin a inn teho jong phate cha kisatup soh ding ahi. Mihil / jilkungho jong ama arna -toluia mttn joules kaa umsah cheh ding ahi. Chapanghon phatea a themjilnau aboi looms dings jilkunghc? hahsatna le hinkho phatah a kavettup peh ding ahi. lame thupeh kavettup ding talc jeh in tulaiyaa bangs kitha kimat ho jong umlou ding ahitai. Ka gam sungah chamle lungmon aumtah ding jell in, khantouna chu hattah a hung khang ding ahitai.

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